



PSC Squad Rota 2018/19

Monday	A3	A2	A1	B	C	D	MDS	SS	JS	CLUB FIT	Masters
AM	5-7 WV	5-7 WV	5-7 WV	6-7 WV-							
PM	5-7 WV	6-8 STONY	6-8 STONY	5-7 WV							
Tuesday											
AM											
PM	6-8 LAN							8-9 FLC	8-9 FLC		
Wednesday											
AM	5-7 WV	5-7 WV	5-7 WV								6-7 WV
PM	6-8 WV	6-8 WV	6-8 WV	8-9 FLC	8-9 FLC	8-9 FLC		9-10 FLC			
Thursday											
AM											
PM	6-8 WV				6-7 WV	7-8 WV		8-9.30 FLC	8-9.30 FLC		
Friday											
AM	5-7 WV	5-7 WV	5-7 WV								6-7 WV
PM	4.30-6.30 - WV	4.30-6.30 WV	4.30-6.30 WV	6.30-7.30 WV	6.30-7.30 WV	7.30-8.30 WV	6.30-7.30 (TP) WV	7.30-9.30 WV	8-9 FLC	8-9 FLC	
Saturday											
AM	6-8 WV	6-8 WV	6-8 WV	6-8 FLC	6-7 FLC	7-8 FLC					
Sunday											
				4.30-6 FLC	5-6 FLC		6-7 - WV				5-6 WV

FLC= Fulwood

WV = West View

LAN = Lancaster Uni

STONY = Stonyhurst