

ASA North West Region

2010 Youth Championship Conditions

1. Introduction

- 1.1 The ASANWR Youth Championships (hereafter 'the Championships') shall be competed for annually on dates decided by the swimnorthwest Swimming Management Group and confirmed by the ASANWR Management Board (hereafter the 'Board') and in accordance with the Rules of the ASANWR, ASA Laws and ASA Technical Rules.
- 1.2 The organisation of the Championships shall be managed by the swimnorthwest Swimming Management Group with powers delegated to a Championship Manager.
- 1.3 The entry fees will be set annually by the swimnorthwest Swimming Management Group and confirmed by the Board.
- 1.4 Coaches requiring access to the poolside must be in possession of a Pass issued by the ASANWR.

The fee for 2010 is £8.00 per pass.

It is mandatory that all Coaches comply with the relevant ASA Child Protection Procedures and have an up to date CRB certificate. (See also section 13 below.)

- 1.5 Any question or dispute arising from these conditions or disputes related to a matter not covered in these conditions shall be determined by the Championship Manager and may be referred to the ASANWR Swimming Management Group at a later date.
- 1.6 ASANWR encourage disability swimmers to compete in these championships subject to their satisfying the conditions set out sections 3 and 4 below.

2. 2010 Youth Championships

- 2.1 The Championships will be held at the **Liverpool Aquatics Centre** on Saturday 1st and Sunday 2nd of May 2010.
- 2.2 The closing date for entries will be Tuesday March 30th 2010. Entries (for both individual entries and for teams) must be returned no later than this date accompanied by the appropriate fee.
- 2.3 A swimmer's age for the individual events shall be as at midnight on June 13th 2010. For the team events age shall be as at midnight on August 7th 2010.
- 2.4 Entry fees shall be as follows (see also section 7):
 - Individual via Sportsystems: £5.50; otherwise £6.50
 - Teams via Sportsystems: £12.00; otherwise £15.00

2.5 Cheques should be made payable to: **ASA North West Region** and sent to:

K J Chisholm
33 Rannerdale Drive
Whitehaven
CA28 6LA

Tel: 01946-694019
e-mail: keithchisholm@gmail.com

3. Eligibility for entry

Individuals

- 3.1 The Championships shall be open to eligible swimmers, as defined by the ASA, who are members of clubs affiliated to the ASA North West Region and who either:
- Were born in the Region, or
 - Reside in the Region.

The swimnorthwest Swimming Management Group may grant exemption from the residential qualification in individual cases. This will depend upon individual circumstances. Applications for dispensation shall be in writing and shall reach the Championship Manager no later than the closing date (Tuesday March 30th 2010).

- 3.2 A swimmer must have been a member of the club in whose name he is entered, and registered as such with the ASA at the closing date for entries Tuesday March 30th 2010.
- 3.3 No individual may compete in the Age Groups if he/she has competed in the equivalent competition of another Region in the same calendar year.

Teams

- 3.4 Team events shall be open to all clubs affiliated to the ASANWR.
- 3.5 All teams shall consist of four members
- 3.6 A swimmer entered in the name of one club in the individual events may not compete in the name of another club in the teams events.
- 3.7 Clubs may enter one or more teams, but members shall swim for one team only.
- 3.8 For team events a swimmer's age shall be determined as in condition 2.3 above.
- 3.9 The team events form part of the qualifying round for entry into the asa National Youth Championships. As such, a swimmer's age shall be the age attained as per the qualifying date for the National Youth Championships as shown on the relevant entry forms/entry conditions (August 7th 2010).

4. Disability competitors

- 4.1 The general conditions for the ASANWR Championships shall apply to disability

competitors except where varied by any of the following conditions.

4.2 Swimmers (boys and girls) with the indicated classifications will be accepted for the following events.

- Freestyle 50m, 100m, 200m (S1 to S14); 400m (S6 to S14)
- Backstroke 50m (S1 to S14), 100m (S6 to S14)
- Butterfly 50m (S2 to S14), 100m (S8 to S14)
- Breaststroke 50m (SB1 to SB9 and SB11 to SB14), 100m (SB4 to SB9 and SB11 to SB14)
- Individual Medley 200m (SM5 to SM4), 400m (SM5 to SM14)

4.3 All swimmers must:

- Hold a valid British Swimming Functional Ability Card (FAC) OR a valid Certificate of Disability issued by the ASA at the time of entry.
- The FAC or the Certificate of Disability must be presented to the referee before the start of the race in which the competitor is entered. Failure to do so will result in the swimmer being liable to disqualification for non-compliance with the rules for a particular stroke.

4.4 Qualifying times for disability competitors:

- With a FAC are shown in section 12.
- With the Certificate of Disability are the times shown in section 11.

4.5 Personal Care Attendants/Coaches:

- Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11.
- A swimmer in any of these classes may have both a coach and a personal care attendant present. No charge will be applied for personal care attendant poolside passes (see section 13).
- All coaches, chaperones and personal care attendants must conform with the ASA child protection procedures.

4.6 Competition format:

- The competition format will be based on disability inclusion within the able bodied programme.
- All swimmers will be seeded in the heats according to their entry times.
- Disability competitors will be included within the results for their age group.
- There will be no separate disability results.

4.7 ASANWR will endeavour to provide an official who holds either an IPC qualification, or an ASA Disability Official to act as the Disability Competition Liaison in each of the sessions where disability athletes are entered.

5. The Events

5.1 The individual competition shall consist of the following age groups:

- 15/16, 17/18 and 19/over year boys
- 14/15, 16/17 and 18/over year girls

5.2 Individual events for both boys and girls shall be:

- Freestyle: 50m, 100m, 200m, 400m, 800m, 1500m
- Backstroke: 50m, 100m, 200m
- Butterfly: 50m, 100m, 200m
- Breaststroke: 50m, 100m, 200m
- Individual Medley: 200m, 400m.

5.3 Finals will be swum in the 50m, 100m, 200m and 400m events for:

- Boys in the 15/16 years and 17 years/over age groups and
- Girls in the 14/15 years and 16 years/over age groups.

5.4 The 800m and 1500m events shall be swum as HDW (Heat Declared Winner).

5.5 Teams events for both boys and girls shall consist of the following age groups:

- Boys: 15/18 years
- Girls: 14/17 years

5.6 Teams events for both boys and girls shall be:

- 4x100m Freestyle team
- 4x100m Medley team
- 4x200m Freestyle team

All teams events shall be swum as HDW.

6. Awards

6.1 Swimmers finishing first, second and third in the 50m, 100m, 200m and 400m finals in the following age groups shall be awarded gold, silver and bronze medals respectively:

- Boys - 15/16 years and 17/18 years
- Girls - 14/15 years and 16/17 years.

6.2 Swimmers finishing first, second and third in the 800m and 1500m events in the following age groups shall be awarded gold, silver and bronze medals respectively:

- Boys - 15/16 years and 17/18 years
- Girls - 14/15 years and 16/17 years.

6.3 Any 19/over boy or 18/over girl finishing in first, second or third place in any event shall be awarded a commemorative medal.

6.4 If there are more than six 19 years/over boys in a 17 years/over boys final or more than six 18 years/over girls in a 16 years/over final, the 17/18 years boys and 16/17 years girls medallists (see paragraph 6.1) will be determined from the finals placings of the 17/18 years boys or 16/17 years girls (if any) followed by the times from the fastest swimmers in the heats.

6.5 There will be a trophy for the overall Best Club based upon the points accrued in all individual events.

7. Submission of entries

7.1 The use of Sportsystems Entry Manager for submitting electronic entries is the preferred method for entry to these championships. The necessary Sportsystems entry file can be downloaded from the swimnorthwest website. **The entry filename is '2010 Youth Championships'.**

7.2 Entry fees for each event shall be:

- Individual entries via Sportsystems Entry Manager: £5.50; otherwise £6.50
- Team entries via Sportsystems Entry Manager: £12.00; otherwise £15.00

7.3 **In addition to the electronic entries**, a hard (i.e. paper) copy of an entry form must be submitted **for each swimmer** (see section 15 below). This can be sent via email or through the post.

The team entry form (see section 14 below) must also be submitted (for checking purposes) – again this can be sent via email or through the post. Entry times are **not required** for team events.

7.4 Entries submitted online will be not accepted until the hard copy of the entry form(s) and entry fee have been received by the Championship Manager.

7.5 Entries, accompanied by the appropriate entry fee must be received by the specified closing date. Late entries may be accepted at the discretion of the Championship Manager.

7.6 Qualifying times will be applied to all individual events. There will be no qualifying times for any team events.

7.7 Individual entry times after conversion if necessary (see condition 7.9 below) must be equal to or less than the qualifying time.

7.8 **Qualifying times must have been achieved at a Level 1, 2 or 3 Licensed Meet between October 1st 2009 and March 30th 2010.**

7.9 Entry times must be:

- 25m times, or
- 50m times converted to 25m times.

All converted times must use the ASA Equivalent Performance Tables (use of the ASA Tables section on <http://www.pullbuoy.co.uk/times/> is permissible).

Where times are converted the second decimal place can be disregarded and entry times should be shown to one decimal place.

7.10 The competitor's club shall be responsible for:

7.10.1 Checking and validating the entry forms and fees.

7.10.2 Entering the information from the entry forms into a database using a computer program (Sportsystems) provided.

7.10.3 Returning the entry files electronically to the Championship Manager.

- 7.10.4 Returning the completed entry forms (see condition 7.3 above) and a cheque (to cover individual and team entries, and coaches passes).
- 7.11 Entries will be audited against the rankings published by the ASA and any club may be challenged to demonstrate the authenticity of the information provided.
- THERE WILL BE NO REFUNDS FOR INCORRECT ENTRIES.**
- 7.12 The Championship Manager reserves the right to correct any time conversion calculations that are found to be incorrect in order that competitors are seeded correctly.
- 7.13 The Championship Manager reserves the right to restrict entries in the interests of safety, time constraints and to ensure the smooth running of the competition. Where this rule is invoked the swimmers with the fastest submitted times shall take precedence. Events chosen for restriction will be at the discretion of the Championship Manager.
- 7.14 Submitted entry times shall be used for seeding and rejection purposes as required.
- 7.15 Refunds will only be given:
- 7.15.1 Where entrants are denied entry because condition 7.13 above has been exercised.
- 7.15.2 Where a competitor has to withdraw on medical grounds subject to an appropriate medical certificate being received by the Championship Manager.
- 7.16 Once an entry has been submitted improved times will not be accepted.
- 7.17 It is permissible for the 800m split time from a 1500m event to be used for entry to 800m races providing that the 800m time is less than or equal to the appropriate qualifying time.

8. Confirmation of entry

- 8.1 As soon as possible after the closing date for the competition each club will be sent (by email) details of their entries stored by the meet management software. These should be used to cross check the accuracy of those entries and to allow any necessary corrections to be made. The final gala programmes will be produced as a result of any corrections that are received. **There will be no subsequent alterations to times, and no late or poolside entries.**
- 8.2 The Championship Manager shall make reasonable efforts to despatch confirmation of entry by email for all accepted entries at least 14 days before the first day of the Championships.
- 8.3 Should clubs require the return of information by post then they must provide a suitable size stamped, self-addressed envelope. These must have the correct postage to cover the anticipated weight and size of the return information. The Championship Manager cannot accept responsibility for any delay caused by insufficient postage.
- 8.4 Clubs will be informed of the reasons for any rejected entries.

9. Meet procedures

Heats

- 9.1 A withdrawal system will be in operation. Competitors or their representatives must inform the organisers at least one hour before the start of the session if they do not intend to swim. Notification may be by email, telephone or text – details will be advised to all competing clubs - or by completing the form shown in section 18 below. There will be no refund of entry fees for such withdrawals unless the withdrawal is for medical reasons in which case an appropriate certificate must be provided.
- 9.2 Any swimmer who has previously withdrawn can be reinstated before the appropriate closing deadline without penalty.
- 9.3 Fines:
- 9.3.1 A fine of £20 will be levied in respect of each competitor/team who fails to withdraw and then does not swim (except in the case of genuine illness or of a proven emergency).
 - 9.3.2 Each 'no show' will be subject to a separate fine of £20.
 - 9.3.3 Fines will be levied on the club which enters a competitor unless the Championship Manager has been advised of any change to the membership status of a competitor.
- 9.4 Heat Start Lists will be made available to clubs as soon as possible after the commencement of the warm-up of each session.
- 9.5 Heats that culminate in a final shall be spearheaded with the last three heats being cyclically seeded. All heats for HDW events shall be spearheaded.
- 9.6 Competitors are responsible for presenting themselves to the Competitor's Stewards one event prior to the one in which they are competing. **It is the swimmer's responsibility to be at the start in time for the race.** This applies to both heats and finals.

Finals

- 9.7 For the finals, the maximum number of places practicable (up to 8) shall be allocated. Two reserves will be declared for finals where possible.
- 9.8 Lanes for finals shall be allocated on the spearhead principle.
- 9.9 The names of finalists and two reserves shall be announced as soon as practicable after completion of the heats.
- 9.10 Announced finalists or reserves not intending to swim must withdraw by completing the relevant form (see section 16 below) within 30 minutes of the announcement.
- 9.11 Withdrawals after the 30 minutes deadline may only be made on medical grounds.

- 9.12 Any swimmer who withdraws after the 30 minutes deadline will incur a £20 fine. Fines will be levied on the club which enters a competitor unless the Championship Manager has been advised of any change to the membership status of a competitor.
- 9.13 Competitors or reserves who fail to appear for finals shall be fined £20 and may be subject to disciplinary action. Fines will be levied on the club which enters a competitor unless the Championship Manager has been advised of any change to the membership status of a competitor.
- 9.14 Where a reserve is brought in as a result of a withdrawal within 30 minutes of the announcement of finalists, the final shall be reseeded. Where a reserve is brought in after this period, the reserve shall occupy the vacant lane and there shall be no changes made to the allocation of other lanes.

Teams

- 9.15 Each competing team shall submit a list of the names of its swimmers in swim order (see section 17 below) to an official in the Timing Suite no later than 12.00am on the day of the event. If the individuals or swim order is changed for a final an amended list must be submitted prior to the start of the final. Substitutions may only be made in the case of a documented medical emergency.
- 9.16 A team shall be disqualified if they do not swim in the declared order.
- 9.17 In the event of a race being recalled following a faulty start, the order of swimming may be changed so that another member of the same team swims the first leg.

Other

- 9.18 Any swimmer who withdraws from a heat or from a final of any event on medical grounds will not be allowed to compete again on the same day. However, they may compete on subsequent days, if any, of the championships. If they do not comply with this requirement they will be fined £20 for each event in which they compete.
- 9.19 A swimmer/team failing to comply with any of the foregoing conditions shall not be allowed to compete in the Championships.
- 9.20 Wherever possible there will be at least a 1 hour break after the end of the morning session and before the commencement of the warm up for the finals.

10. Competition Programme

| Session 1 Date – Saturday 01/05/2010 Time – 8.00am warm up for 9.00am start | Session 2 Date – Saturday 01/05/2010 Time – 2.00pm warm up for 3.00pm start |
|---|---|
| EVENT 1 Boys 15/Over 400m Freestyle EVENT 2 Girls 14/Over 200m Freestyle EVENT 3 Boys 15/Over 50m Breaststroke EVENT 4 Girls 14/Over 100m Breaststroke EVENT 5 Boys 15/Over 400m IM EVENT 6 Girls 14/Over 100m Butterfly EVENT 7 Boys 15/Over 100m Backstroke EVENT 8 Girls 14/Over 50m Backstroke EVENT 9 Boys 15/Over 200m Butterfly EVENT 10 Girls 14/Over 200m IM EVENT 11 Boys 15/Over 100m Freestyle EVENT 12 Girls 14/Over 50m Freestyle EVENT 13 Boys 15/Over 200m Breaststroke EVENT 14 Girls 14/Over 200m Backstroke EVENT 15 Boys 15/Over 50m Butterfly EVENT 16 Girls 14/Over 800m Freestyle EVENT 17 Boys 15/Over 800m Freestyle | EVENT 18 Final of Boys 15/16 year 400m Freestyle EVENT 19 Final of Boys 17 years/over 400m Freestyle EVENT 20 Final of Girls 14/15 year 200m Freestyle EVENT 21 Final of Girls 16 years/over 200m Freestyle EVENT 22 Final of Boys 15/16 year 50m Breaststroke EVENT 23 Final of Boys 17 years/over 50m Breaststroke EVENT 24 Final of Girls 14/15 year 100m Breaststroke EVENT 25 Final of Girls 16 years/over 100m Breaststroke EVENT 26 Final of Boys 15/16 year 400m IM EVENT 27 Final of Boys 17 years/over 400m IM EVENT 28 Final of Girls 14/15 year 100m Butterfly EVENT 29 Final of Girls 16 years/over 100m Butterfly EVENT 30 Final of Boys 15/16 year 100m Backstroke EVENT 31 Final of Boys 17 years/over 100m Backstroke EVENT 32 Final of Girls 14/15 year 50m Backstroke EVENT 33 Final of Girls 16 years/over 50m Backstroke EVENT 34 Final of Boys 15/16 year 200m Butterfly EVENT 35 Final of Boys 17 years/over 200m Butterfly EVENT 36 Final of Girls 14/15 year 200m IM EVENT 37 Final of Girls 16 years/over 200m IM EVENT 38 Final of Boys 15/16 year 100m Freestyle EVENT 39 Final of Boys 17 years/over 100m Freestyle EVENT 40 Final of Girls 14/15 year 50m Freestyle EVENT 41 Final of Girls 16 years/over 50m Freestyle EVENT 42 Final of Boys 15/16 year 200m Breaststroke EVENT 43 Final of Boys 17 years/over 200m Breaststroke EVENT 44 Final of Girls 14/15 year 200m Backstroke EVENT 45 Final of Girls 16 years/over 200m Backstroke EVENT 46 Final of Boys 15/16 year 50m Butterfly EVENT 47 Final of Boys 17 years/over 50m Butterfly EVENT 48 Girls 14/17 years 4x100m Medley team EVENT 49 Boys 15/18 years 4x100m Freestyle team EVENT 50 Girls 14/17 years 4x200m Freestyle team |

| Session 3 Date – Sunday 02/05/2010 Time – 8.00am warm up for 9.00am start | Session 4 Date – Sunday 02/05/2010 Time – 2.00pm warm up for 3.00pm start |
|---|---|
| EVENT 51 Girls 14/Over 400m Freestyle EVENT 52 Boys 15/Over 200m Freestyle EVENT 53 Girls 14/Over 50m Breaststroke EVENT 54 Boys 15/Over 100m Breaststroke EVENT 55 Girls 14/Over 400m IM EVENT 56 Boys 15/Over 100m Butterfly EVENT 57 Girls 14/Over 100m Backstroke EVENT 58 Boys 15/Over 50m Backstroke EVENT 59 Girls 14/Over 200m Butterfly EVENT 60 Boys 15/Over 200m IM EVENT 61 Girls 14/Over 100m Freestyle EVENT 62 Boys 15/Over 50m Freestyle EVENT 63 Girls 14/Over 200m Breaststroke EVENT 64 Boys 15/Over 200m Backstroke EVENT 65 Girls 14/Over 50m Butterfly EVENT 66 Boys 15/Over 1500m Freestyle EVENT 67 Girls 14/Over 1500m Freestyle | EVENT 68 Final of Girls 14/15 year 400m Freestyle EVENT 69 Final of Girls 16 years/over 400m Freestyle EVENT 70 Final of Boys 15/16 year 200m Freestyle EVENT 71 Final of Boys 17 years/over 200m Freestyle EVENT 72 Final of Girls 14/15 year 50m Breaststroke EVENT 73 Final of Girls 16 years/over 50m Breaststroke EVENT 74 Final of Boys 15/16 year 100m Breaststroke EVENT 75 Final of Boys 17 years/over 100m Breaststroke EVENT 76 Final of Girls 14/15 year 400m IM EVENT 77 Final of Girls 16 years/over 400m IM EVENT 78 Final of Boys 15/16 year 100m Butterfly EVENT 79 Final of Boys 17 years/over 100m Butterfly EVENT 80 Final of Girls 14/15 year 100m Backstroke EVENT 81 Final of Girls 16 years/over 100m Backstroke EVENT 82 Final of Boys 15/16 year 50m Backstroke EVENT 83 Final of Boys 17 years/over 50m Backstroke EVENT 84 Final of Girls 14/15 year 200m Butterfly EVENT 85 Final of Girls 16 years/over 200m Butterfly EVENT 86 Final of Boys 15/16 year 200m IM EVENT 87 Final of Boys 17 years/over 200m IM EVENT 88 Final of Girls 14/15 year 100m Freestyle EVENT 89 Final of Girls 16 years/over 100m Freestyle EVENT 90 Final of Boys 15/16 year 50m Freestyle EVENT 91 Final of Boys 17 years/over 50m Freestyle EVENT 92 Final of Girls 14/15 year 200m Breaststroke EVENT 93 Final of Girls 16 years/over 200m Breaststroke EVENT 94 Final of Boys 15/16 year 200m Backstroke EVENT 95 Final of Boys 17 years/over 200m Backstroke EVENT 96 Final of Girls 14/15 year 50m Butterfly EVENT 97 Final of Girls 16 years/over 50m Butterfly EVENT 98 Boys 15/18 years 4x100m Medley team EVENT 99 Girls 14/17 years 4x100m Freestyle team EVENT 100 Boys 15/18 years 4x200m Freestyle team |

11. Qualifying Times

These are 25m times.

All times must have been achieved between October 1st 2009 and March 30th 2010 at a Level 1, 2 or 3 Licensed Meet.

Age on the day will be as of midnight on June 13th 2010.

| | 14 years | 15 years | | 16 years | | 17 years | 17/over | 18/over |
|-------------------|----------|----------|---------|----------|---------|----------|---------|---------|
| | Girls | Boys | Girls | Boys | Girls | Boys | Girls | Boys |
| 50m Freestyle | 30.2 | 27.2 | 30.0 | 26.7 | 29.9 | 26.6 | 29.9 | 26.5 |
| 100m Freestyle | 01:04.4 | 58.4 | 01:03.9 | 57.6 | 01:03.7 | 57.3 | 01:03.7 | 57.3 |
| 200m Freestyle | 02:18.9 | 02:07.2 | 02:17.3 | 02:05.6 | 02:17.1 | 02:05.1 | 02:17.1 | 02:05.1 |
| 400m Freestyle | 04:49.5 | 04:28.7 | 04:47.8 | 04:26.4 | 04:47.4 | 04:24.7 | 04:47.4 | 04:24.7 |
| 800m Freestyle | 09:46.3 | 09:16.9 | 09:45.1 | 09:09.6 | 09:48.8 | 09:02.3 | 09:40.4 | 09:02.3 |
| 1500m Freestyle | 18:49.5 | 17:46.7 | 18:44.4 | 17:31.3 | 18:44.4 | 17:28.6 | 18:44.4 | 17:28.6 |
| | | | | | | | | |
| 50m Backstroke | 33.7 | 30.8 | 33.5 | 30.4 | 33.4 | 30.4 | 33.4 | 30.4 |
| 100m Backstroke | 01:11.8 | 01:05.5 | 01:11.3 | 01:04.7 | 01:11.1 | 01:04.6 | 01:11.1 | 01:04.6 |
| 200m Backstroke | 02:33.3 | 02:21.6 | 02:32.4 | 02:20.5 | 02:32.4 | 02:19.9 | 02:32.4 | 02:19.9 |
| | | | | | | | | |
| 50m Breaststroke | 37.6 | 34.1 | 37.3 | 33.6 | 37.3 | 33.4 | 37.3 | 33.4 |
| 100m Breaststroke | 01:21.7 | 01:14.2 | 01:21.0 | 01:13.1 | 01:21.0 | 01:12.5 | 01:21.0 | 01:12.5 |
| 200m Breaststroke | 02:55.5 | 02:41.9 | 02:54.9 | 02:39.6 | 02:54.9 | 02:39.5 | 02:54.9 | 02:39.5 |
| | | | | | | | | |
| 50m Butterfly | 33.0 | 29.8 | 32.7 | 29.3 | 32.7 | 29.0 | 32.7 | 29.0 |
| 100m Butterfly | 01:11.7 | 01:04.7 | 01:11.1 | 01:03.6 | 01:11.0 | 01:03.1 | 01:11.0 | 01:03.1 |
| 200m Butterfly | 02:37.0 | 02:24.0 | 02:35.7 | 02:21.8 | 02:35.7 | 02:20.8 | 02:35.7 | 02:20.8 |
| | | | | | | | | |
| 200m IM | 02:36.9 | 02:24.2 | 02:35.9 | 02:22.1 | 02:35.9 | 02:21.5 | 02:35.9 | 02:21.5 |
| 400m IM | 05:30.5 | 05:06.0 | 05:28.7 | 05:03.5 | 05:28.7 | 05:02.7 | 05:28.7 | 05:02.7 |

12. Disability Qualifying Times

Age on the day will be as of midnight on June 13th 2010. Times may be achieved in either a long course or a short course pool.

| | | Freestyle | | | | Back | | Fly | | Breast | | IM | | | |
|-----|-------|-----------|---------|---------|---------|---------|---------|---------|---------|--------|---------|---------|------|---------|-------------------|
| | | 50m | 100m | 200m | 400m | 50m | 100m | 50m | 100m | 50m | 100m | 200m | 400m | | |
| S1 | Boys | 02:33.5 | 05:29.6 | 12:22.2 | | 02:45.1 | | | | SB1 | 03:17.8 | | | | |
| | Girls | 02:12.5 | 07:34.1 | 13:43.2 | | 02:11.6 | | | | | 03:47.5 | | | | |
| S2 | Boys | 01:44.2 | 03:49.8 | 08:09.5 | | 01:47.7 | | 02:56.8 | | SB2 | 01:37.8 | | | | |
| | Girls | 02:13.9 | 04:41.2 | 10:40.1 | | 02:13.9 | | | | | 03:34.4 | | | | |
| S3 | Boys | 01:13.2 | 02:41.7 | 05:32.5 | | 01:27.2 | | 01:57.9 | | SB3 | 01:21.6 | | | | |
| | Girls | 01:37.0 | 03:33.7 | 07:41.3 | | 01:42.9 | | 02:16.5 | | | 01:46.3 | | | | |
| S4 | Boys | 01:02.2 | 02:17.1 | 04:55.3 | | 01:17.4 | | 01:16.7 | | SB4 | 01:00.7 | 02:42.6 | | | |
| | Girls | 01:24.5 | 03:04.5 | 06:20.2 | | 01:38.1 | | 01:58.0 | | | 01:10.5 | 03:09.0 | | | |
| S5 | Boys | 00:53.7 | 01:59.2 | 04:21.9 | | 01:02.0 | | 00:59.3 | | SB5 | 00:54.9 | 02:31.7 | SM5 | 04:50.5 | Need 200 IM QT |
| | Girls | 00:59.0 | 02:08.1 | 04:35.9 | | 01:11.5 | | 01:19.3 | | | 01:02.6 | 02:59.7 | | 06:25.8 | |
| S6 | Boys | 00:49.1 | 01:49.8 | 03:07.1 | 08:32.0 | 00:47.5 | 02:03.3 | 00:51.7 | | SB6 | 00:53.4 | 02:23.9 | SM6 | 04:29.5 | Need 200 IM QT |
| | Girls | 00:59.5 | 02:06.9 | 03:54.1 | 09:17.9 | 01:00.5 | 02:24.8 | 01:05.2 | | | 01:01.0 | 02:44.6 | | 05:12.3 | |
| S7 | Boys | 00:46.1 | 01:41.9 | 03:02.6 | 07:59.1 | 00:46.3 | 02:00.0 | 00:51.9 | | SB7 | 00:50.5 | 02:14.4 | SM7 | 04:32.2 | Need 200 IM QT |
| | Girls | 00:54.2 | 01:56.6 | 03:22.7 | 08:43.4 | 00:52.1 | 02:18.0 | 01:01.5 | | | 00:59.0 | 02:32.8 | | 05:00.7 | |
| S8 | Boys | 00:43.4 | 01:34.4 | 02:56.0 | 07:17.3 | 00:43.8 | 01:50.8 | 00:39.0 | 01:38.5 | SB8 | 00:47.0 | 01:57.5 | SM8 | 03:59.5 | 07:31.8 |
| | Girls | 00:51.4 | 01:49.7 | 03:22.3 | 07:55.5 | 00:50.7 | 02:07.9 | 00:47.1 | 02:00.5 | | 00:50.9 | 02:16.3 | | 04:37.0 | 08:47.9 |
| S9 | Boys | 00:40.9 | 01:30.8 | 02:48.4 | 06:56.4 | 00:40.7 | 01:41.7 | 00:38.1 | 01:36.2 | SB9 | 00:43.5 | 01:52.3 | SM9 | 03:44.4 | 06:41.3 |
| | Girls | 00:47.5 | 01:42.2 | 02:50.9 | 07:35.3 | 00:44.1 | 01:54.0 | 00:43.7 | 01:53.5 | | 00:50.1 | 02:15.8 | | 04:16.5 | 07:40.2 |
| S10 | Boys | 00:39.4 | 01:26.7 | 02:32.3 | 06:43.4 | 00:38.5 | 01:40.6 | 00:35.1 | 01:35.0 | | | | SM10 | 03:35.3 | 06:34.5 |
| | Girls | 00:46.2 | 01:39.0 | 03:05.6 | 07:27.1 | 00:47.3 | 01:58.0 | 00:45.3 | 01:52.8 | | | | | 04:16.6 | 07:22.5 |
| S11 | Boys | 00:42.8 | 01:36.7 | 02:42.0 | 07:33.2 | 00:42.0 | 01:51.1 | 00:40.7 | 01:44.6 | SB11 | 00:45.1 | 01:59.5 | SM11 | 04:02.8 | 06:35.9 |
| | Girls | 00:51.5 | 01:53.7 | 03:27.6 | 09:19.0 | 00:50.0 | 02:20.1 | 00:47.2 | 02:38.5 | | 00:59.3 | 02:40.0 | | 05:08.1 | 08:15.3 |
| S12 | Boys | 00:39.9 | 01:26.9 | 02:35.3 | 06:55.1 | 00:39.3 | 01:39.3 | 00:36.2 | 01:36.8 | SB12 | 00:42.8 | 01:51.7 | SM12 | 03:34.5 | 06:39.1 |
| | Girls | 00:45.3 | 01:39.1 | 03:01.1 | 07:58.7 | 00:43.7 | 01:58.0 | 00:41.3 | 01:50.1 | | 00:51.1 | 02:07.2 | | 04:07.2 | 07:08.8 |
| S13 | Boys | 00:39.2 | 01:26.5 | 02:42.1 | 07:01.7 | 00:38.0 | 01:41.4 | 00:35.5 | 01:37.0 | SB13 | 00:41.3 | 01:50.2 | SM13 | 03:39.4 | 06:37.0 |
| | Girls | 00:44.6 | 01:36.4 | 02:55.2 | 07:24.0 | 00:44.8 | 01:53.5 | 00:40.8 | 01:47.0 | | 00:47.9 | 02:13.9 | | 03:58.8 | 07:26.8 |
| S14 | Boys | 00:42.5 | 01:34.6 | 02:39.4 | 07:08.1 | 00:39.6 | 01:51.4 | 00:35.3 | 01:42.7 | SB14 | 00:39.4 | 01:58.4 | SM14 | 03:54.5 | 06:37.1 |
| | Girls | 00:48.1 | 01:47.9 | 02:55.5 | 08:13.2 | 00:42.3 | 02:08.0 | 00:40.3 | 02:05.4 | | 00:47.8 | 02:15.8 | | 04:31.6 | 07:15.4 |

14. Team entry form

Club: _____

Contact Name: _____

Telephone Number: _____

E-Mail Address: _____

| | Distance | Freestyle | Medley |
|-------|-----------------|------------------|---------------|
| Men | 4x100m | | |
| Men | 4x200m | | |
| | | | |
| Women | 4x100m | | |
| Women | 4x200m | | |

You may enter more than one team – enter your number of teams in the appropriate box.

Total No. of entries _____ @ £12.00 via Sportsystems Entry Manager; otherwise £15.00

Fee Enclosed £ _____

Declaration

I certify that the above details are correct and comply with ASA regulations.

Signed _____ Club Position _____

Name: _____ (Please PRINT)

15. Individual entry form

Youth Championships Individual Entry Form

| | | | | | |
|----------------------|--|--------------------------|-----------------------------|----------------|--|
| Forename | | Initial | | Surname | |
| Date of Birth | | Age at 13/06/2010 | | | |
| Club | | | ASA Registration No. | | |

| | | Qualifying Time <i>(Please insert from section 11 or 12 above)</i> | Entry Time <i>(This must be either a 25m time, OR a 50m time converted to a 25m time)</i> | | | Where/when achieved at Licensed Meet | |
|-------|--------------|--|---|-----------------|--|---|-------------|
| | | | 25m time | 50m time | Converted time <i>(if necessary)</i> | Title of meet and Venue | Date |
| 50m | Freestyle | | | | | | |
| 100m | Freestyle | | | | | | |
| 200m | Freestyle | | | | | | |
| 400m | Freestyle | | | | | | |
| 800m | Freestyle | | | | | | |
| 1500m | Freestyle | | | | | | |
| 50m | Backstroke | | | | | | |
| 100m | Backstroke | | | | | | |
| 200m | Backstroke | | | | | | |
| 50m | Breaststroke | | | | | | |
| 100m | Breaststroke | | | | | | |
| 200m | Breaststroke | | | | | | |
| 50m | Butterfly | | | | | | |
| 100m | Butterfly | | | | | | |
| 200m | Butterfly | | | | | | |
| 200m | IM | | | | | | |
| 400m | IM | | | | | | |

I certify that the above details are correct and comply with ASA regulations. Signed _____

Print Name _____ Club Position _____ Contact e-mail address _____

16. Finals withdrawal form

Competitors wishing to withdraw from a final must submit this form to an official in the Timing Suite within 30 minutes of the list of finalists being published or announced. Competitors who fail to appear for finals shall be fined and may be subject to disciplinary action.

First Name: _____

Surname: _____

Club: _____

| Event No. of Final | Age | Distance | Stroke |
|-----------------------|-----|----------|--------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

Name (Print): _____

Signed: _____

Date: _____ Time of Delivery: _____

Received By: _____

Date: _____ Time of Receipt: _____

17. Declaration Form for relay events

Club: _____

Event No. _____

| Medley Team | Freestyle Team |
|--------------------|-----------------------|
| Back | 1. |
| Breast | 2. |
| Fly | 3. |
| Free | 4. |

Coach: _____

Signature: _____

Received By: _____

Date: _____

Time of Receipt: _____

18. Heats withdrawal form

Club: _____

Session No: _____

Competitors wishing to withdraw from a heat may use this form. When completed it should be submitted to an official in the Timing Suite. Any competitor who does not swim AND who fails to withdraw shall be fined.

If the withdrawal is on medical grounds then the swimmer MUST withdraw from all other events on the same day. If they do not withdraw from later events then they will be fined £20 for each event in which they compete.

| Event Number | Event title | Competitor Number | Swimmer Name |
|--------------|-------------|-------------------|--------------|
| | | | |
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Name (Print): _____

Signed: _____