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**IMPORTANT NOTICE FOR MEMBERS OF LEVELS 3 & 4  
AND MEMBERS OF THE SHARKS & SEALS SQUADS.**

THE SATURDAY EVENING TRAINING SESSION FOR LEVELS 3 & 4 WILL BE STOPPED AFTER THE EASTER WEEKEND. AS FROM SATURDAY 5th APRIL 2008 THE SATURDAY SESSIONS WILL BE RESERVED FOR THE MICRO-LEAGUE SQUADS. THIS WILL BE IN PLACE UNTIL THE END OF THE SEASON. THE FOLLOWING DATES THEREFORE ARE RESERVED FOR THE SHARKS & SEALS ON AN ALTERNATE BASIS.

\* SATURDAY 29 MARCH 2008

NO TRAINING DUE TO GALA

\* SATURDAY 05 APRIL 2008



\* SATURDAY 12 APRIL 2008



\* SATURDAY 19 APRIL 2008



\* SATURDAY 26 APRIL 2008



\* SATURDAY 03 MAY 2008

NO TRAINING DUE TO EXTERNAL GALA

\* SATURDAY 10 MAY 2008



\* SATURDAY 24 MAY 2008



\* SATURDAY 31 MAY 2008



\* SATURDAY 07 JUNE 2008



\* SATURDAY 14 JUNE 2008



\* SATURDAY 21 JUNE 2008



\* SATURDAY 05 JULY 2008



\* SATURDAY 12 JULY 2008



\* SATURDAY 19 JULY 2008

