

PRESTON SWIMMING CLUB

Minutes of the meeting held on Monday, 13 September 2010 at West View Leisure Centre

Present:

President J Pratt
Chairman P Mason
P Bailey
D Seers
C Salisbury
S Wallbank
S Heaps
M Kitcher
J Jackson
J Holden
K Kinder
J Ryding
P Barton
P Todd
Secretary S Field

1. Apologies

Apologies were received from G McLauchlan, I Parker and S Todd

2. Minutes of previous meeting

The minutes of the meeting held on Tuesday, 13 July were approved

Proposed: C Salisbury
Seconded: P Bailey

3. Matters arising

None

4. Correspondence

S Field circulated for information an email from Diane Stafford entitled "Meet the Team"

5. Financial update

P Mason updated the committee on the club's financial situation following the action he had been obliged to take in August on discovering that the club was overdrawn. He explained how the situation had arisen and talked the committee through the accounts. The club was currently running at a deficit of approx £8,000. Income was about £67,000 but, given the size of the membership, it should be in the region of £105,000. A stricter regime had to be introduced to ensure that all fees due were actually paid to the club.

He reported that following a meeting with the council, fees for pool hire would be increased from their current level of £60,000 to £70,000. However, from 22 October the club would benefit from

an extra two hours' pool time on Friday (for use by the Gallica squads, following the merger); and, from November, an additional two hours on a Monday (from 7-9 pm) at West View for use by PSC.

[N.B. Post-meeting update : Preston City Council have changed their decision on the additional two hours on a Monday and reverted to allowing the club to use an additional two lanes on a Wednesday]

Following discussion, it was agreed that membership fees should be increased as follows for 2011 :

A squad:	from £30-£35
C :	from £28-£31
D:	from £23-£26
MDS:	from £20-£22
Pre-MDS:	from £14-£16
B Comp:	£28
B Non-comp:	£25
Teaching:	£16

It was also agreed to take on Margaret Connolly, a trained accountant, to deal with the club's accounts, on a paid basis.

P Barton will do some research into the relative advantages of membership fees being paid by either direct debit or standing order.

D Seers, the new Membership Secretary, will work with Margaret Connolly to ensure that all membership fees are collected in. J Jackson will be the Deputy Membership Secretary.

6. Update re. Gallica and PCC

All committee members were invited to attend a presentation to be held at 7 pm on 27 September at West View. P Mason reported that J Khan had agreed to employ Louise, the Gallica coach, on a full-time basis.

7. Reports

7.1 Swimming Report inc Teaching

7.2 Head Coach's report

S Heaps presented his report. J Jackson commented that commitment to the microleague had been lacking. This would be addressed at the forthcoming coaches meeting. To improve participation in competitive events, it was suggested that an email should be circulated to the relevant squads two weeks ahead of each meet

M Kitcher will contact the LEP re. the sponsored swim for CRY on 26 September .

It was agreed that PSC should arrange a gala. J Ryding, D Seers, S Wallbank, C Salisbury and K Kinder volunteered to form a sub-committee to organise the event.

7.3 Water polo

P Bailey reported that PSC had won against Blackpool 10-2 on 9 September.

7.4 Treasurer's Report

None received

7.5 Membership Secretary's Report

None received.

7.6 Publicity Officer's Report

None received.

7.7 Synchronised Swimming Secretary's Report

P Todd reported that synchronised coaching will cease following the Lancashire competition due to insufficient pool time being available.

7.8 Biathlon Report

The British championships took place in Liverpool at the beginning of July. Preston had two qualifiers : Justin Austin who came 7th and Laura Joyce who came 29th.

Next Biathlon is Clitheroe, 26 September.

8. Sub-committees

8.1 Fundraising Sub-committee

8.2 Events and Social Sub-committee

Report attached.

AOB

The AGM will take place on Tuesday, 9th November at the Lonsdale Club.

8. Date of next meeting

To be held on Tuesday, 12 October at 7.30 pm at West View Leisure Centre



Committee meeting report 13/09/10

ROTHERHAM METRO MEET: Coaches Paul Davison and Ian Laurence attended the Rotherham Metro meet in July and both said that overall the club performed very well indeed. We took close on 50 swimmers to this meet and for many of them; this was their first experience of an open meet. The swimmers did the club very proud indeed producing close to 75% P.B. rate which is a tremendous achievement over 2 days of intense competition. Overall we finished **6th in top club award**, out of over 40 clubs in attendance. I would like to thank both Paul and Ian for their splendid work with the swimmers and to Ian Fielding who helped on poolside with the kids. The reports I had back from the coaches was very pleasing indeed saying the swimmers were a credit to their club. Well done to all and we look forward to attending this meet next year.

2010 NATIONALS: This year's nationals took place on 28th July 2010 through to the 7th August 2010. As a club we did particularly well, especially at Age Group Level. Unfortunately due to injury Mark Tootill was unable to attend the Nationals. The club finished in 12th place overall in the top age group award. Considering Shauntelle was in effect swimming up an age, Georgia Barton, Jessica Chadwick and Katie Mawdsley all were representing Gallica this year we did very well indeed.

Preston received the following results:

Age group: We had a glut of p.b's and 6 medals and all 6 age group swimmers made a least one final. Robert Hamer, Bronze in 100 Fly; Dominic Walker, Bronze in 100 Back; Cameron Austin Silver in 200 Fly; Shauntelle Austin, Bronze in 100 & 200 Fly; and 200 Back. Brandon Kinder and Jack Smith also swam superbly, Brandon finishing in 6th in the 100m Breastroke final & Jack also 6th in the 200m Breastroke final.

Youth: Dean pb in 200 breast and had a good swim in the 100 breast; Oli did ok considering lack of training.

"Overall we had a very pleasing & successful Nationals this year, especially in the Age Groups. All swimmers performed extremely well in the highest of competitions gaining some exceptional personal best times. To have all 6 age group swimmers making at least one final is a remarkable achievement for the swimmers and the club. I cannot praise them enough for their dedication and professionalism. We have shown we can compete at this level and I would like to think that we can improve on this next year. I look forward to the challenges ahead now to get more of our talented swimmers back at Sheffield next year. Can I just say many thanks to the teachers and coaches who give up their free time to work with our athletes? Their skills and enthusiasm are first class, they do an exceptional job in sometimes difficult circumstances and it is because of this our club continually attains these high standard of results."

Our Gallica based swimmers were also in top form performing to high standards under Louise Robinson. Katie Mawdsley earned Silver in the 1500 Free; Gold as part of Gallica's

4 X 200 Free team and 6th as part of Gallica's 4 X 100 Medley team. Jessica Chadwick won Bronze in the 200 Breast and Georgia Barton won Bronze in the 100 Fly. Both girls were also in the 4 X 100 relay team which finished 7th.

In the ASA National Championships held at Sunderland on 18 – 21 August 2010 Preston was represented by Jack Bridge swimming in the Multi-Disability section. Jack has yet again had a great meet and is really starting to make his mark in disability swimming, He came away with Silver in the 200 IM and Gold in the 100 Breast. Both swims were massive p.b's for Jack and the latter was only 0.7 seconds outside the British record for disability swimming. This record is surely just a matter of time before Jack claims this fantastic landmark. Jack also finished 8th in the 100 Fly with another Pb.

Our Gallica based swimmers were also in top form, highlights were Dan Sliwinski won Gold in the 50 & 100 Breast; Steph Slater was 4th in the 50 Breast.

It gives me great pleasure to inform you that both Daniel Sliwinski & Ryan Bennett have both been selected for the England team for the Commonwealth games in Delhi in October. Congratulations to both lads from all at PSC.

MICROLEAGUE: **SEALS:** On Saturday 11th September 2010 the Seals were in action in the Division B Swim-off against Garstang; Garston and Blackpool B. We expected a very difficult meet for the Seals as the season had been very hard for them. It didn't help matters when numerous swimmers pulled out a few days before the final; unfortunately this had been the story throughout the season. I would like to Thank Julie Jackson; Paul Bailey and all the people who have help with the Seals team this season.

Final Result: Garston 151; Blackpool B 134; Garstang 110; Preston Seals 92.

I have to say that overall the Micro-league season has been disappointing this year. We really are struggling to compete in certain age groups and this is something the coaching staff is working on to correct. It will not happen overnight we need to re-build from the absolute bottom to ensure we get swimmers who are competitive at the right age. This will be done, and of course I will keep you posted on progress. The Sharks finished the regular season in 6th place in Division A missing out on the Grand Final for the first time in a very long time. The Seals finished bottom of Division B resulting in their swim-off on 11th September. I would like to thank the teachers and coaches for work and dedication with Micro league this season.

At the coaches meeting on Monday night it was discussed in detail about whether we should enter the Seals team for next season competition. It has been almost impossible this season trying to get a team together for the Seals, we have young swimmers in teaching competing for the team, they are not competitive. We need to accept as I have already stated that we are going through a period of re-building at the lower end of the club and this is going to take time. These discussions are ongoing we have until January 9th at the Micro AGM before we have to make a final decision. I will of course keep you all informed and I will only do this in the best interest of our swimmers.

NORTH LANCS SWIM LEAGUE. The A team still have 1 gala to go, due to the heavy programme this will be swum on Saturday 26th September at salt ayre Lancaster. The A team have had a good season which could have been so much better. Unfortunately team managers Paul Davison and Ian Laurence were not able to swim a full team in this

comp due to other commitments of swimmers, having said that we are all pleased with the way the season has gone. My Thanks to Paul Davison and Ian Laurence for all their hard work with the A team this season.

As previously reported the B team finished 2nd in Division 3 in their first ever season.

NATIONAL ARENA LEAGUE: The season starts on Saturday October 9th 2010 as you are all aware we have 2 teams competing in the Arena League this season for the first time in the club's history. The A team will be in the Premier division and the B team will be in the 2nd division. Ian Laurence has agreed to manage the B team and both Paul Davison and I will manage the A team. At this time we do yet know the venues.

I will keep you informed of both teams progress.

SQUAD REVIEWS: All squad reviews have been completed for A; C & D squads. I have had a little feedback from some parents and all say they are a good idea and a good way to communicate on their child's progression. These reviews will continue for the future and will be the basis of any further squad movement. In future if a swimmer is to be moved out of any of the mainstream squads (ie; A; C or D) they will have a review first with their squad coach and the head coach (if requested). The purpose of this is to constantly keep the swimmer and parent informed on progression.

RESIGNATIONS & MOVEMENT: Towards the end of the season I have been informed by Abby Huartson and Ashleigh Wareing that they will be retiring from swimming and therefore leaving Preston Swimming Club. Laura Berry will be leaving A squad to take up her place at Sunderland University. We wish Laura well at university. As a result of her review Sarah Buckley has been moved from A squad to B squad commencing 01/09/10. There will be other moves but most have been given a little more time to try and gain their criteria times at competitions next season. Jack Smith (A Squad) will also be leaving next season. As a result of all his hard work in training Jack has secured himself a place with Louise at Gallica. We wish him well. I have agreed to 3 swimmers joining us from Gallica's age group programme; Emma Fox (Pioneer '79); Katie Hands (Leyland) and Amelia Wood (Clitheroe) will come into A Squad on 01/09/10.

PSC RE-STRUCTURE: Over the summer much work has been done on the re-structure, the lower end of squads are now working to their new allotted times and the coaches are pleased with this. JJ has been incredibly busy in teaching getting things in place for the new time there, JJ is doing a wonderful job in running this re-structure and I thank her enormously for all her efforts and skills.

I have been having difficulty in getting a new home for the Monday night land training programme since I was advised that we could no longer have the downstairs gym at Fulwood. Tonight we used the sports gym at Fulwood School but we can only have 17:00 – 18:00 which is too early. PD and I are actively looking for a new home for land training. I am also looking to secure more pool time for A squad at a venue away from the leisure centres to try and balance the training up properly. I will keep you posted on this.

In the last meeting I informed you that we could possibly have 4 lanes extra for MDS on a Wednesday, well this is still the case only it will only be 2 lanes to start.

I am expecting teething problems for the next 6 – 8 weeks or so until everything starts to settle down, when should then see a smoother run teaching and squad programme.

TEACHING & COACHING: We have managed to recruit Louise Raines who will help with C & D Squads during the week at Fulwood and we are still searching and asking round for more volunteer help. We desperately need more committed help in Teaching, JJ is constantly getting very late calls or txts to say teachers cannot make the sessions. I will be actively trying to get help for the teaching section from anywhere I can in the coming months

LIFEGUARDING: As you are all aware we have had a problem ensuring all our sessions are covered by lifeguards. Karen Kinder has been busy trying to get a course sorted for the club and has been asking round for volunteers to attend this course. We now have a course organised it took place on 3; 4 & 5th and 10; 11 & 12th September 2010. We should now be in a position to cover all groups with qualified lifeguards. There were 8 people who took their Lifeguard course and im pleased to say all passed. Karen Kinder; Mel Greenslade; Olivia John-Haslem; Julie Jackson; Paul Davison; Stephen Davison; Ian Laurence and I all passed the course. I would like to thank the committee for funding this and to John Kirkham (the tutor) for making the course such fun...

CRY SPONSORED SWIM: The sponsored swim is due to take place on Sunday 27th September 2010 at both Fulwood and West View leisure centre's. Sponsorship forms have been handed out to all swimmers in all groups, we just need to start making final preparations for the day then we will publish all the details on the on website and both notice boards. I will be meeting with Julie Smith this week to finalise everything.

It was agreed that the following would take place for the sponsored swim on Sunday 26th September 2010

- A Squad would swim at Fulwood 18:00 – 19:00 and swim 4,000m
- B Squad Competitive would swim at Fulwood 19:00 – 20:00 and swim 3,000m
- B Squad Non-Competitive would swim at Fulwood 19:00 – 20:00 and swim 2,500m
- C Squad would swim at West View 16:00 – 17:00 and swim 3,500m
- D Squad would swim at West View 17:00 – 18:00 and swim 2,500m
- MDS would swim at West View 18:00 – 19:00 and swim 1,500m
- PRE-MDS would be organised by JJ at Fulwood and would swim 1,000m
- Stages 6 and 7 would swim at Fulwood 17:00 – 18:00 target 800m with a badge and certificate awarded to those completing target.

It would be nice if we could have members of the committee down at both venues taking snaps and just generally helping out in anyway they can.

PSC L3 OPEN MEET: It is our intention to run a L3 licensed meet next year possibly in July before the nationals to raise money for the club. This meet will have to be held at either Palatine or Slat Ayre, probably Salt Ayre. In order to do this we will have to start work now in preparation. We will need to do the following quite soon in order to stand any chance of putting this meet on.

- Select suitable dates for the meet

- Apply for licence from ASA
- Check pool availability
- Book the pool
- Meeting with possible officials & meet organisers for help and advise.
- Check availability of officials
- Book the officials
- Check availability of timing people
- Book the timing people
- Devise a programme of events
- Produce a programme of event
- Select suitable medals and certificates
- Order medals and certificates
- Create and produce suitable programme
- Raffle prizes
- Promote & publicise the event
- Organise food / beverages for the weekend for officials

I would be grateful if the committee could provide a small sub-committee to help with all the work required. There are things that I can do on the wet side but there is no way I would be able to do this myself. If the club would like this to go ahead we really need to act now.



PRESTON SWIMMING CLUB

Social / Fundraising Minutes

For the meeting of the committee to be held at 7.30 pm on Monday 13th 2010 At West View Leisure Centre

- Quite a few things to update you all on firstly apologies for my absence from the last 2 meetings due to work commitment a very busy time end of term.

So Going back a few months ago the club entered a competition to win 50 polo shirts unfortunately we did not win I found it very hard to contact the company I received no correspondence or email I finally got through and was told we had not won and asked for the winning slogan they wouldn't tell me .

I still have the iTunes Voucher for £15 I thought it would be good to hold the Draw on the weekend of the Club Champs if agreed with everyone.

- I have updated the Social and fundraising Accounts to the end of July 2010 which includes all monies raised at all the Home Galas at West View Sharks, Seals and North Lancs. A & B on the Door and Raffle everything has been itemised and receipts held. Although money from the Main Preston Account shows expenditure for Social items this has not been shown in the Social Accounts as it had been mentioned to Ian and the Committee that there should be a Sub Account for the Social and Fundraising to see where the money comes from and where the money has been spent and not had a chance to get together with Ian to Discuss with him but maybe now the new Treasurer Margaret this could be changed.

Total money Raised from Social & Fundraising **£1846.15**

Total Money Banked since November 2009 £1415.13

And Money held to be banked or used £431.02.

The Money Donated from Creative PVC for the banner has still to be printed awaiting Water polo and synchronised Swimming Logo if not will just get plain but professional PSC with Sponsors ASA swim 21 etc if agreed with every one and have printed and have the winning logo the kids picked on a banner We put "P" in the Preston pool and I will get it done in time for the North Lancs level 3 Meet.

- A big Thank you to everyone that collected The Sainsbury's Active Kids Vouchers and the Tesco Club and School Vouchers we were a little late collecting as it was the 1st year that the Club could register to collect. I spoke to Steve and a few other Members on pool side and recommended that we Bank the Vouchers for next year towards more worth while Gym Equipment and maybe a wish list could be created so everyone's knows what we are collecting for So Vouchers Collected Sainsbury's **1775** and Tesco **487** so already registered we have a good start for next year and as soon as I have the dates to start collecting I will update website and notice boards.

Sarah

- All the notice boards at west view and Fulwood have all been updated with the New 2010/2011 Squad Criteria and the new Squad training times and thanks to Ian who has updated the Web Site as well.
- A Preston Member has asked me to ask the committee about the Swim shop they have paid for a PSC track suit week before the summer holiday break Bill told them that where they order from are no longer doing anything else for Preston printing etc said I would bring to the meeting.

- **Fundraising for 2010/2011**

With not having much to do with getting any of the funding Grants I have got all the information together to hopefully get the well needed funding for the club even though any funding would be fantastic to be a self funded club .

- **Swim 21 Club Grant**

Need to sit down with Steve Sarah and Julie to discuss and put forward a proposal I have the form just need to fill in the information. A possible £1000 whether the club uses it to develop volunteer Coaches within the club re: Funding for Equipment i.e. New Blocks and with the Partnership between PSC and Preston City Council using that for the bid.

- **Lancashire County Council Grant**

They provide £200,000 to fund community activities across the county last year so hopefully the same will happen this year bids opened in November last year so maybe a strategy plan ready for the bidding

- **Sport England**

Again with the 2012 approaching all clubs will be wanting to get as much funding as possible grants from £300 to as much as £10,000 to help support Sport in the communities.

- **The Princes Trust**

I contacted the trust over the summer and they told me they provide Grants for young adults

14-16 and 16-25 year olds but they have to fit a criteria must be at risk of achieving less than 5 GCSEs

Not in education, training or work 16 hours or less.

It can be an individual or development award or can be given as a community cash Award have to apply individually or as a group and the Club can be the representative waiting on more information so could be used to get there level 1 or Life Guarding etc.

And lastly

- **BBC Children in need Grant**

We could achieve a small Grant between £10,000 or less for a 3 year project last bid for this year is October 2010 but have 4 dates over the year the next one Jan 2011 if we don't get a project ready. Got the form to fill in just need to get a 3 year plan together. Also with their theme of Children in Need we managed to raise well Mark Tootill and Dean Heaps raised just over £50 last year dressing Up in ladies swimming costumes so hopefully do something again this year as it falls on the same night of the club champs also I thought of doing a bake off as we have a few mums willing to get involved will have to speak to West View.

- **2010 CLUB CHALLENGE**
- A Chance to raise money for the club and for the Vine House Cancer appeal but with doing the Cry sponsored swim time did not allow to take part in both but hopefully next time the Club would take part .
- And lastly UK Coaching Awards 2010 Pete has sent you all details.