

PRESTON SWIMMING CLUB

Minutes of the meeting held on Tuesday, 10 May 2011 at West View Leisure Centre

Present:

President	P Mason
Head Coach	S Heaps
Waterpolo	P Bailey
Publicity	M Kitcher
Ext. Competn. Sec	P Barton
Int Competn. Sec	N McGinty
Treasurer	M Connolly
Secretary	S Field
	J Riding
Biathlon	K Walker
	J McSorley

1. Apologies:

Apologies were received from J Pratt, M Chadwick, D Seers, I Parker, S Wallbank, and C Salisbury

2. Minutes of meeting held on 12 April 2011

Proposed: P Bailey
Seconded: N McGinty

3. Matters arising

P Mason said he was writing to Forbes, to Brian Rollo, the Leader of the Council, and to the Mayor re. the club's considerable achievements this year. He would also be pointing out that due to lack of pool time, the Club may have to look to Blackpool and Leyland for extra time.

Re.AOB: three parents previously from Gallica were interested in volunteering to help with the club but they currently had to be in Manchester on a Tuesday evening, making their attendance at committee meetings difficult. However, there may be other ways in which they can help. To be discussed at next meeting.

P Mason reported that a new cabinet will be supplied for the club's use at West View and at Fulwood. The club must identify a suitable location.

Re. Acorn grant, P Mason is to report back re. the use of the funds. The grant was originally to be put towards the competition gala but the twin town representatives have said they will be unable to put forward sufficient swimmers. The grant will therefore be put to another purpose, probably coach hire.

4. Correspondence

Re. Swim 21, S Field said she had received a cheque for £170 from Swim NorthWest, which she had now forwarded to the Treasurer. This was the first tranche of the full award of £340.

She had also received a cheque for £150 from the National Arena Swim League as a result of the club's participation in the Swimming League Final at Sheffield in April 2011. She passed the cheque to M Connolly.

S Field had received the agenda and reports for the ASA NW Council meeting in September, which she passed to P Mason who will be attending the meeting.

Re. Preston Spots Awards evening, P Mason had been given a disc recording the evening's events. S Heaps will forward this on to Ian Jackson.

Alison Rainford requesting had written requesting the refund of the cost of John Rainford's Level 1 course. S Heaps confirmed that John had carried out sufficient voluntary work since completion of the course.. Maggie Connolly will send a cheque to A Rainford.

P Mason reported he had received a letter from Leisure Lake Tickled Trout asking if the club would be interested in open water swimming. It was agreed that he and S Heaps should visit in order to see the facilities with a view to training opportunities for biathletes.

PM has received the contract for Development Club Status with the potential of a £10,000 grant for the club. However, there were many ambiguities in the contract that needed checking before the contract is signed.

M. Connolly to arrange for insurance liability for up to £1m.

5. Approval of accounts

M Connolly has now prepared these so far as she is able, based on the information available to her. They will be circulated to members.

6. Reports

6.1 Swimming report including Teaching

See attached. S Heaps is in discussion with Leyland re. the possibility of extra pool time. The committee were happy for him to continue to look into this, providing it was cost-neutral. S Heaps and M Connolly to arrange to visit Leyland pool.

6.2 Minutes of previous coaches meeting

Not received.

6.3 Water polo report

Nothing to report.

6.4 Treasurer's report

M Connolly reported that she had checked off the January-March accounts against the registers but had been unable to reconcile them against the ASA membership list as this would not be available for another two to three weeks.

The sum of £4,000 had been moved out of the reserve fund into the current account, to meet the cost of old invoices. All invoices had now been paid and were up to date. It was hoped to be able to move this sum back as soon as possible.

J McSorley offered M Connolly the use of a spare computer as she was having problems with her own.

6.5 Membership Secretary's report

"I have not as yet received anything back from the ASA. I have made some membership packs up and will be giving them over to Louise at Teaching. When I receive anything from the ASA I will inform the committee."

6.6 Publicity Officer's report

Nothing to report.

6.7 Biathlon report

Included in 6.1 - Swimming Report

7. Sub-committees

7.1 Fundraising Sub-committee and

7.2 Events and Social Sub-committee

None received.

8. AOB

- i. P Mason to put in a bid for funding from Awards for All, to go towards the cost of course fees and the equipment needed for the water polo team
- ii. M Chadwick is dealing with the match funding bid, whereby the government matches sums given by a private donor

The meeting closed at 9.15 pm.

Head Coach's report for committee meeting 10/05/11

MICRO-LEAGUE OF THE NORTH WEST 2011.

Division A FIXTURES and RESULTS

Division A FIXTURES and RESULTS														
Venue	Date & Time	Home Team	Pos	PTS	Team	Pos	PTS	Team	Pos	PTS	Team	Pos	PTS	
	Dunes, Southport	26/02/2011 18:15	Southport B	2nd	121.0	Carnforth A	2nd	121.0	Pioneer 79 A	1st	137.0	Blackpool A	4th	106.0
	Dunes, Southport	05/03/2011 18:15	Southport A	1st	164.0	Blackpool A	4th	80.0	Leyland A	2nd	137.0	Fleetwood A	3rd	108.0
	Salt Ayre, Lancaster	13/03/2011 16:00	Lancaster A	4th	77.0	Southport B	3rd	116.0	Carnforth A	2nd	119.0	Southport A	1st	169.0
	West View, Preston	20/03/2011 13:00	Preston A	1st	170.0	Fleetwood A	3rd	115.0	Lancaster A	4th	71.0	Carnforth A	2nd	120.0
	Leyland LC	08/05/2011 15:15	Leyland A	1st	141.0	Preston A	2nd	139.0	Fleetwood A	4th	97.0	Southport B	3rd	104.0
	Hyndburn LC, Accrington	14/05/2011 18:30	Pioneer 79 A			Southport A			Blackpool A			Preston A		
	Salt Ayre, Lancaster	18/06/2011 17:15	Carnforth A			Pioneer 79 A			Southport A			Leyland A		
	Palatine, Blackpool	26/06/2011 16:15	Blackpool A			Leyland A			Preston A			Lancaster A		
	YMCA, Fleetwood	03/07/2011 16:45	Fleetwood A			Lancaster A			Southport B			Pioneer 79 A		

Division A








Pos	Team	P	PTS
1	Carnforth A	3	360.0
2	Southport B	3	341.0
3	Southport A	2	333.0
4	Fleetwood A	3	320.0
5	Preston A	2	309.0
6	Leyland A	2	278.0
7	Blackpool A	2	186.0
8	Lancaster A	2	148.0
9	Pioneer 79 A	1	137.0

The Sharks swam their latest gala on Sunday 8th May 2011 and came 2nd in a close meet with Leyland. Overall a pleasing result and our youngsters are moving in the right direction; however we still need to brush up on our changeovers and skills. I have no doubt this will improve as the teachers and coaches are all working extremely hard on improving all aspects of the swimmers training. The Sharks do appear to be on course in making the Grand Final in September. Their next gala is this weekend at Hyndburn against Pioneer; Southport and Blackpool.

Division C Results

Division C FIXTURES and RESULTS

Venue	Date & Time	Home Team	Pos	PTS	Team	Pos	PTS	Team	Pos	PTS	Team	Pos	PTS
-------	-------------	-----------	-----	-----	------	-----	-----	------	-----	-----	------	-----	-----

	Crosby	27/02/2011 13:00	Liverpool A	2nd	167.0	Clitheroe B	3rd	72.0	Blackpool C A	4th	62.0	Leyland B	1st	173.0
	West View, Preston	05/03/2011 16:00	Preston B	2nd	128.0	Leyland B	1st	137.0	Carnforth B	4th	80.0	Wigan A	3rd	124.0
	Colne	19/03/2011 18:15	Colne A	3rd	107.0	Wigan A	2nd	132.0	Liverpool A	1st	159.0	Blackpool C A	4th	60.0
	Salt Ayre, Lancaster	07/05/2011 17:15	Carnforth B	3rd	110.0	Colne A	2nd	121.0	Wigan A	1st	147.0	Clitheroe B	4th	82.0
	Palatine, Blackpool	15/05/2011 17:30	Blackpool C A			Preston B			Leyland B			Colne A		
	Ribblesdale, Clitheroe	18/06/2011 17:15	Clitheroe B			Blackpool C A			Preston B			Carnforth B		
	Leyland LC	26/06/2011 15:15	Leyland B			Carnforth B			Colne A			Liverpool B		
	Leigh	02/07/2011 15:00	Wigan A			Liverpool A			Clitheroe B			Preston B		

Current Division C League Table

Division C				
Pos	Team	P	PTS	
1	Wigan	3	403.0	
2	Liverpool	2	326.0	
3	Leyland B	2	310.0	
4	Colne	2	228.0	
5	Carnforth B	2	190.0	
6	Clitheroe B	2	154.0	
7	Preston B	1	128.0	
8	Blackpool C	2	122.0	

The Seals are next in action on 15 – May – 2011 against Blackpool 'C'; Colne & Leyland 'B':

NORTH LANCASHIRE SWIM LEAGUE 2011.

Nothing to report this month:

NATIONAL ARENA LEAGUE:

As you are all aware we competed in the National Arena League final on Sunday 17th April 2011 at Pond's Forge Sheffield.

Our swimmers were magnificent throughout the gala and i think (hope) a good day was had by all in attendance.

At one point about 2/3rds the way through were lying in 3rd place. Extraordinary really. We finished in 6th place which to be honest I was extremely pleased with.

Many Thanks must go to the teachers; coaches and all poolside staff who have put so much effort into the swimmers. Also the support we received from the parents and families was first class. To hear those people make so much noise for our swimmers was excellent and i thank you all for your support.

We will again be running two teams for the Arena league which starts again in October.

INTER-ASSOCIATION 2011.

The following swimmers have been selected for the North Lancashire Representative team for this year's Inter-Association competition:

10 yr girls: Alishia Nelson; Alicia Wood; Elissa Gornall; Emily Lawrence;

10 yr boys: Kenan Yeung; Connor Adams; George Robinson;

11 yr girls: Emma Fox; Rebecca Moore; Camryn Spector;

11 yr boys: Sean McGinty;

12 yr boys: Dominic Walker; Andrew Davison; Brandon Kinder; Toby Seers; Robert Hamer; Matthew Monks;

13 yr girls: Kathryn Greenslade; Shauntelle Austin; Eleanor Laurence; Danielle Buchanan;

13 yr boys: Lee Reeder;

14 yr girls: Megan Green; Abbie Kitcher (capt); Katie Gaffing (vice-capt); Katei Hands;

14 yr boys: Harry Murphy (vice-capt)

27 swimmers in total selected from Preston Swimming Club to represent North Lancs.

Paul Davison (Preston) & Andy Timpany (Carnforth) have also been selected by North Lancs to help me in my final year (6 in total) as team manager. Both Paul & Andy will take over the responsibilities next year. I wish them both well and congratulate them on their appointment. It is just as much an honour as a coach to be selected to represent your district as it is a swimmer.

The competition takes place at Macclesfield Leisure Centre on Saturday/Sunday 28th/29th May 2011. I will let you how North Lancs gets on at the next committee meeting.

DISABILITY SWIMMING:

Well where would you like me to begin? It has been another extraordinary month in the life of Jack Bridge!! Jack was selected to represent GB in the German open in Berlin and has had another awesome series of results:

He was selected to swim in the medley relay team, which he won a Gold medal. Well done Jack and indeed the rest of the team.

Jack also swam in a couple of events that are not in the Paralympics programme. However this was an international meet and he chose to swim the 400 IM and the 200 Breast.

Let's take the 200 Breast first, the British record currently stood at 2:50.05 Jack smashed the British record by 4.83 seconds in a time of 2:45.22 this is massive in 200 Breast.

He didn't feel like stopping there so when he swam the 400IM he was gunning for another British Record. The record stood at 5:28.58 and Jack took a humungous 11.47 seconds of the record to set a new fastest time of 5:17.11.

And all this was done un-rested. (no taper).....

That now means Jack currently holds 3 British disability records – 100 & 200 Breast and the 400 IM.

I'm sure you will join me in wishing Jack continued success. As a result of this success Jack has been moved to the performance group. He will now train with Louise in preparation for the European championships in July. This will give him the best possible opportunity to succeed in Germany.

2011 EUROPEAN DISABILITY CHAMPIONSHIPS

I am delighted to inform you that our performance coach Louise Robinson has been selected by British swimming to be part of the coaching team for the European Disability championships in July in Berlin, Germany. Louise will join Jack Bridge at the Europeans. That means Preston will have 1 swimmer and 1 coach representing GB.

Again I'm sure you will join me in wishing both Jack and Louise all the very best at the Europeans.

2011 EUROPEAN YOUTH CHAMPIONSHIPS

Georgia Barton has been selected to represent Great Britain in the 2011 European Youth championships. The championships take place in Belgrade, Serbia between 06th – 10th July 2011.

This is a fantastic achievement by Georgia to qualify for this event and again many congratulations go to Georgia and Louise on this wonderful achievement. We wish Georgia all the very best.

2011 EUROPEAN YOUTH OLYMPIC FESTIVAL

Shauntelle Austin and Jack Smith have been selected to represent Great Britain in the European youth Olympic Festival to be held in Trabzon, Turkey 25th – 29th July 2011.

This selection was as a result of their exceptional performances in the Trials (British Champs) in March.

This is a fantastic achievement by both Jack and Shauntelle to qualify for this event and again many congratulations go to Jack, Shauntelle and Louise on this wonderful achievement. We wish both swimmers all the very best.

NORTH WEST REGION YOUTH CHAMPIONSHIPS:

The weekend of Saturday 30th April 2011 and Sunday 01st May 2011 saw the youth swimmers from A Squad and Performance Squad joined forces to attend the North West Region Youth Championships in Liverpool. Overall the competition was a little disappointing in respect it just went on to long. This wasn't conducive to quality swimming but it was the same for all so we just got with it. After 2 days long hard competition Preston finished the youth championships as Top club in the region. I believe this may be a first for the club.

I would like to thank Louise and Alan Harper who were on poolside for their exceptional work with the swimmers and to all the teachers and coaches who have worked tirelessly in preparing the swimmers for this event. Another excellent result for the club.

2011 NATIONAL BIATHLON CHAMPIONSHIPS

	Final Position	Age	Swim			Run			Total Points
			Time	Points	Position	Time	Points	Position	
Dominic Walker	7th	13/14	00:58.58	1376	1st	05:26.09	1024	24th	2400
Andrew Davison	15th	13/14	01:02.51	1280	9th	05:32.75	985	30th	2265
Harry Murphy	17th	13/14	01:00.18	1336	3rd	05:51.92	871	39th	2207
Lydia Walker	8th	15/16	02:20.06	1120	10th	05:22.99	1045	7th	2165
Susie Bilsborough	20th	15/16	02:23.65	1080	16th	05:53.65	859	24th	1939
Laura Joyce	28th	15/16	02:26.21	1048	20th	06:36.44	604	30th	1652
Max Butler	6th	15/16	02:07.71	1268	7th	04:47.44	1108	9th	2376
Jack Holden	4th	17/18	01:59.09	1372	2nd	04:39.99	1123	6th	2495

Team Results

Boys 13/14 (10 teams)

1st	Dorset Pentathletes	7000
2nd	Preston Swimming Club	6872

Girls 15/16 (6 teams)

1st	Dorset Pentathletes	6500
	North Kent	
2nd	MPC	6126
3rd	Yorkshire Pentathlon Club	6045
4th	Preston Swimming Club	5756

Also competing but not representing Preston (on this occasion)

Amelia Wood	5th	13/14	01:06.78	1176	20th	05:07.59	1225	5th	2401
Jack Smith	2nd	15/16	02:04.19	1312	4th	04:28.73	1219	4th	2531

Biathlon Report – May 2011

On March 27th 6 PSC members competed at the Schools' Biathlon Finals at Crystal Palace, having battled through qualifying heats and semi-finals to even reach the finals. Around 4000 pupils across the country took part in 12 qualifying events in November. Our biathletes then had to compete in the semi-final at Macclesfield in January in order to qualify for the finals. Here are the results -

Ben Riding (Year 7)	27 th
Lydia Walker (Year 10)	7 th
Jack Smith (Year 10)	3 rd
Oliver Walker (Year 11)	3 rd
Ellen Buckley (Years 12/13)	10 th
Jack Holden (Years 12/13)	4 th

The National Biathlon final was held on Sunday 8th May. 9 PSC members qualified for the final at the regional qualifying event at Salt Ayre in February. All performed really well. The Age 13/14 boys team (Andrew Davison, Harry Murphy and Dominic Walker) came 2nd and the age 15/16 girls team (Susie Bilsborough, Laura Joyce and Lydia Walker) came 4th. Individual results were as follows –

Age 13/14 boys	7 th Dominic Walker
	15 th Andrew Davison
	17 th Harry Murphy
Age 15/16 Girls	8 th Lydia Walker
	20 th Susie Bilsborough
	28 th Laura Joyce

Age 15/16 Boys 6th Max Butler
Age 17/18 Boys 4th Jack Holden

Oliver Walker qualified for the finals but was unable to compete due to injury.

Also competing but not representing PSC (this time) were Amelia Wood who finished 5th in the 13/14 age group and Jack Smith who finished 2nd in the 15/16 age group.

The next biathlon is rumoured to be being hosted by Blackpool Aquatics SC sometime in July. However no details have yet been published.

2011 SALFORD SPRING MEET

Also on the same weekend as the NWR Youth champs our Asst. Head Coach took a group of youngsters to Salford to try and get their regional age group qualifying times. This proved to be a great success.

Paul reported 11 swimmers gained regional qualifying times and we also took 9 Gold 18 Silver and 14 Bronze from the meet. Well done to all the swimmers who attended and to Paul and Ian Laurence on poolside.

Also again many thanks to the teachers and coaches who really are working ever so hard in producing excellence in skills and stroke development.

SQUAD MOVEMENT:

As reported last month I am currently going through the swimmers in A squad and will be sending out emails to parents in the next few days of swimmers I will be reviewing. This does not necessarily mean all the swimmers will be moved; however I have made no secret of the fact that it is the right time to make some moves from A squad and this will happen. There are younger swimmers in C

Squad who have regional qualifying times and the time is right for them to have their chance just like every swimmers currently in A squad have had theirs.

I have also asked Paul Davison to do the same in C squad and Ian Laurence in D squad.

Paul bailey and Julie Smith who coach B Squad are fully aware that there will be swimmers moving to them in the coming weeks.

Q & A SESSIONS WITH PARENTS:

I will be looking to hold Q & A session with parents before the end of the season to improve communications between the coaching staff and parents. I am hoping to be able to get A Squad and C & D Squad parents covered before the end of this month; however this will depend on my availability due to competitions.

I will of course keep you all posted on progress.

LEYLAND:

Pool time is becoming an increasing problem here at West View and Fulwood. The fact is there just isn't enough pool time in Preston to go around. With your support i am hoping to try and secure extra pool time at other pools in the district. I have already made contact at Leyland Leisure Centre and they appear keen to accommodate Preston Swimming Club.

I want to make it perfectly clear to all and to those people at Leyland that at NO point I have asked for pool time currently being used by any other clubs who use this leisure centre. I only enquired for pool time which is available to hire.

Is the committee happy for me to continue this request from Leyland bearing in mind the cost will have to go on monthly fees? And are the committee happy for me to pursue other avenues for pool time?

Please see email trail.....

TEACHING:

GENERAL:

- John Swift (who swims on a Tuesday & Thursday morning) is doing a 70 mile fell run for Help the Heroes Charity. John is 71 yrs old and is undertaking this mammoth task in may. There is a sponsorship form on the notice board at West View so if any club member would like to sponsor John then please complete the form on the notice board. Thanks.