

LANCASHIRE COUNTY WATER POLO & SWIMMING ASSOCIATION

2009 QUALIFYING TIMES



BOYS EVENT	County Qualifying Times				Short Course Pool					
	9	10	11	12	13	14	15	16	OPEN	
50m Freestyle	41.0	38.3	36.7	33.9	31.6	30.1	29.0	28.4	28.2	
100m Freestyle				1:11.3	1:06.5	1:03.5	1:02.5	1:01.3	1:00.8	
200m Freestyle	3:22.7	3:00.4	2:49.2	2:35.2	2:27.4	2:20.0	2:14.8	2:12.9	2:11.6	
400m Freestyle		6:13.2	5:45.3	5:24.4	5:04.2	4:49.9	4:39.9	4:36.6	4:37.9	
800m Freestyle				10:52.0	10:25.1	9:59.6	9:31.5	9:30.9	9:30.9	
1500m Freestyle				20:10.9	19:07.7	18:29.4	17:52.2	17:40.3	17:29.9	
50m Breaststroke	54.8	50.1	46.3	42.4	39.0	37.0	35.5	33.8	33.8	
100m Breaststroke				1:32.1	1:25.0	1:20.5	1:17.5	1:16.0	1:16.0	
200m Breaststroke	4:18.8	3:55.5	3:34.9	3:17.2	3:03.7	2:52.0	2:50.1	2:47.5	2:45.0	
50m Butterfly	46.6	41.9	38.9	36.8	33.0	32.0	30.5	29.9	29.4	
100m Butterfly				1:21.6	1:15.0	1:10.7	1:07.5	1:06.8	1:05.4	
200m Butterfly	4:20.3	3:38.3	3:18.7	3:00.2	2:43.9	2:35.3	2:28.5	2:27.3	2:24.4	
50m Backstroke	47.6	43.2	40.1	36.9	34.2	32.4	31.4	31.1	30.8	
100m Backstroke				1:21.3	1:15.7	1:11.2	1:08.3	1:07.1	1:07.0	
200m Backstroke	3:46.2	3:25.2	3:09.2	2:52.4	2:40.6	2:32.9	2:26.3	2:24.3	2:24.3	
200m Individual Medley	3:45.8	3:25.0	3:11.3	2:57.4	2:45.4	2:36.6	2:30.2	2:27.8	2:26.3	
400m Individual Medley				6:18.4	5:54.0	5:36.4	5:18.6	5:13.3	5:13.3	

GIRLS EVENT	County Qualifying Times				Short Course Pool					
	9	10	11	12	13	14	15	16	OPEN	
50m Freestyle	41.9	38.1	35.2	33.2	31.8	31.0	30.9	30.6	30.3	
100m Freestyle			1:16.1	1:11.2	1:08.1	1:06.8	1:05.8	1:05.4	1:05.1	
200m Freestyle	3:22.2	2:56.1	2:45.3	2:34.5	2:28.5	2:27.0	2:24.8	2:23.5	2:22.5	
400m Freestyle		6:08.5	5:40.4	5:21.4	5:06.8	4:58.9	4:55.8	5:56.6	5:59.0	
800m Freestyle			11:02.0	10:30.3	10:12.5	10:02.5	9:55.7	9:52.4	9:52.4	
1500m Freestyle			21:34.0	20:54.0	20:17.1	19:36.9	19:40.6	19:41.6	19:37.6	
50m Breaststroke	55.2	49.4	45.6	42.4	40.3	39.1	38.4	38.3	37.3	
100m Breaststroke			1:37.5	1:30.8	1:26.1	1:24.4	1:22.5	1:22.3	1:22.0	
200m Breaststroke	4:22.5	3:46.7	3:30.2	3:15.6	3:07.3	3:03.0	3:01.5	3:00.1	3:00.1	
50m Butterfly	47.4	41.9	38.9	36.4	34.8	33.7	33.2	33.0	32.8	
100m Butterfly			1:26.7	1:20.8	1:16.7	1:14.7	1:13.8	1:13.5	1:12.7	
200m Butterfly	4:20.6	3:35.8	3:15.0	2:58.4	2:47.3	2:42.0	2:40.7	2:40.7	2:38.4	
50m Backstroke	48.5	43.5	40.2	37.8	36.2	35.2	34.7	34.3	34.1	
100m Backstroke			1:25.8	1:20.7	1:17.2	1:15.3	1:14.0	1:13.6	1:13.0	
200m Backstroke	3:46.8	3:19.2	3:04.8	2:51.6	2:43.4	2:39.8	2:37.2	2:35.8	2:35.3	
200m Individual Medley	3:44.5	3:20.2	3:05.9	2:56.5	2:47.9	2:43.9	2:41.6	2:41.0	2:40.0	
400m Individual Medley				6:13.4	5:57.1	5:47.2	5:42.9	5:41.6	5:37.9	

All times must have been achieved between
1st October 2008 and 17th February 2009 at a Licensed Meet

(Version 2 as of 29.1.09)