

PRESTON SWIMMING CLUB

Minutes of the meeting held on Tuesday, 19 July 2011 at West View Leisure Centre

Present:

Chairman	P Mason
Vice-Chairman	M Chadwick
Publicity	M Kitcher
Head Coach	S Heaps
Waterpolo Sec	P Bailey
	K Walker
Treasurer	M Connolly
Secretary	S Field
	I Parker
	J McSorley

1. Apologies:

Apologies received from J Pratt, J Riding, P Barton, P Todd, N McGinty and C Salisbury

2. Minutes of meeting held on 14 June 2011

The minutes of the meeting held on 14 June were approved.

Proposed: P Mason

Seconded: P Bailey

3. Matters arising

- S Heaps has provided P Mason with the bullet points listing the club's achievements. P Mason will write to sponsors and members at the end of the season.
- Louise Raines will be meeting with M Connolly to discuss membership issues.
- The new trophy cabinet is not yet ready.
- P Mason has updated the council re the Acorn grant
- It was reported that the facilities at the Leisure Lake at the Tickled Trout are very good although the opportunities to use them will be short-lived due to the weather. I Parker said he will visit the centre.
- Re. the newly-acquired Development Club status, an invoice for £5,000 has been despatched. P Mason, M Chadwick, S Heaps and M Connolly to meet to discuss how best to use the finance.

4. Correspondence

S Field said that she had written to Mrs Jacques at St Pius to thank her for the use of the school's premises for land training. Mrs Jacques had responded saying that we should not hesitate to contact her again if we required use of the hall in future.

5. Reports

5.1 Swimming report including Teaching

See attached. In addition, S Heaps was putting in hand arrangements for CRB forms for volunteer coaches to be signed off.

5.2 Minutes of previous coaches meeting – see attached

5.3 Water polo report

The Seniors had had one match, which they had lost, against Radcliffe. Numbers are not improving.

There are about 20-25 Juniors at present. They want to carry on for a further 4 weeks in August. The committee agreed to this, subject to M Connolly being satisfied that all subscription fees had been paid. P Mason will discuss request with J Khan.

M Chadwick said that he was trying to source some blocks and ropes for use at West view and also needed details of the waterpolo posts required.

5.4 Treasurer's report

M Connolly reported that the 08/09 accounts were in the process of being audited. This meant that the last three years' accounts had been audited, which would be of great help when applying for grants.

She was also working on the current year's accounts (Sept 2010 – August 2011) and hoped to have these available in time for the September meeting.

5.5 Membership Secretary's report – none received

5.6 Publicity Officer's report – nothing to report.

5.6 Biathlon report – nothing to report.

9 AOB

- i. P Mason has spoken to the ASA about child protection and welfare issues. He is to meet with Peter Monks to review policy.
- ii. Louise Graham and S Heaps to attend the BSCA (cost £360).
- iii. Re. the PSC kit: the order for red T shirts has been submitted. Three possible suppliers were being considered. There would be a meeting with them in September to enable them to tender for business. P Mason requested a list of outstanding orders which he would raise with Bill Buckley.

iv. The Committee wished to thank Ian Laurence for the time he has dedicated to the D squad.

The meeting closed at 9.10 pm

Date of next meeting: Tuesday 13 September 2011

Item 5.1 – Swimming report including teaching

MICRO-LEAGUE OF THE NORTH WEST 2011.

Division A FIXTURES and RESULTS

	Venue	Date & Time	Home Team	Pos	PTS	Team	Pos	PTS	Team	Pos	PTS	Team	Pos	PTS
	Dunes, Southport	26/02/2011 18:15	Southport B	2nd	121.0	Carnforth A	2nd	121.0	Pioneer 79 A	1st	137.0	Blackpool A	4th	106.0
	Dunes, Southport	05/03/2011 18:15	Southport A	1st	164.0	Blackpool A	4th	80.0	Leyland A	2nd	137.0	Fleetwood A	3rd	108.0
	Salt Ayre, Lancaster	13/03/2011 16:00	Lancaster A	4th	77.0	Southport B	3rd	116.0	Carnforth A	2nd	119.0	Southport A	1st	169.0
	West View, Preston	20/03/2011 13:00	Preston A	1st	170.0	Fleetwood A	3rd	115.0	Lancaster A	4th	71.0	Carnforth A	2nd	120.0
	Leyland LC	08/05/2011 15:15	Leyland A	1st	141.0	Preston A	2nd	139.0	Fleetwood A	4th	97.0	Southport B	3rd	104.0
	Hyndburn LC, Accrington	14/05/2011 18:30	Pioneer 79 A	3rd	109.0	Southport A	1st	151.0	Blackpool A	4th	82.0	Preston A	2nd	144.0
	Salt Ayre, Lancaster	18/06/2011 17:15	Carnforth A	3rd	111.0	Pioneer 79 A	4th	91.0	Southport A	1st	152.0	Leyland A	2nd	131.0
	Palatine, Blackpool	26/06/2011 16:15	Blackpool A	3rd	111.0	Leyland A	2nd	145.0	Preston A	1st	161.0	Lancaster A	4th	71.0
	YMCA, Fleetwood	03/07/2011 16:45	Fleetwood A	2nd	134.0	Lancaster A	4th	80.0	Southport B	3rd	130.0	Pioneer 79 A	1st	142.0

Division A

Pos	Team	P	PTS
1	Southport A	4	636.0
2	Preston A	4	614.0
3	Leyland A	4	554.0
4	Pioneer 79	4	479.0
5	Southport B	4	471.0
6	Carnforth A	4	471.0
7	Fleetwood A	4	454.0
8	Blackpool A	4	379.0
9	Lancaster A	4	299.0

Since the last report in June the Sharks have now completed their regular season. I am pleased to inform you that the Sharks have made the area final against Southport; Leyland A & Pioneer. We finished the season in 2nd place in the league after a good season and certainly a big improvement on last season. The final takes place on Saturday 10th September 2011 at Blackpool's palatine Leisure Centre. My sincere thanks to Sharks team manager Ian Parker and his team of volunteers for an excellent job with the Sharks in 2011. We wish the team well for the final in September.

Division C FIXTURES and RESULTS

	Venue	Date & Time	Home Team	Pos	PTS	Team	Pos	PTS	Team	Pos	PTS	Team	Pos	PTS
○	Crosby	27/02/2011 13:00	Liverpool A	2nd	167.0	Clitheroe B	3rd	72.0	Blackpool C	4th	62.0	Leyland B	1st	173.0
○	West View, Preston	05/03/2011 16:00	Preston B	2nd	128.0	Leyland B	1st	137.0	Carnforth B	4th	80.0	Wigan A	3rd	124.0
○	Colne	19/03/2011 18:15	Colne A	3rd	107.0	Wigan A	2nd	132.0	Liverpool A	1st	159.0	Blackpool C	4th	60.0
○	Salt Ayre, Lancaster	07/05/2011 17:15	Carnforth B	3rd	110.0	Colne A	2nd	121.0	Wigan A	1st	147.0	Clitheroe B	4th	82.0
○	Palatine, Blackpool	15/05/2011 17:30	Blackpool C	4th	75.0	Preston B	1st	148.0	Leyland B	2nd	143.0	Colne A	3rd	105.0
○	Ribblesdale, Clitheroe	18/06/2011 17:15	Clitheroe B	3rd	109.0	Blackpool C	4th	86.0	Preston B	1st	159.0	Carnforth B	2nd	117.0
○	Leyland LC	26/06/2011 15:15	Leyland B	2nd	136.5	Carnforth B	4th	80.0	Colne A	3rd	90.0	Liverpool A	1st	166.5
○	Leigh	02/07/2011 15:00	Wigan A	2nd	146.5	Liverpool A	1st	149.0	Clitheroe B	4th	62.5	Preston B	3rd	106.0

Division C

Pos	Team	P	PTS
1	Liverpool A	4	641.5
2	Leyland B	4	589.5
3	Wigan A	4	549.5
4	Preston B	4	541.0
5	Colne A	4	423.0
6	Carnforth B	4	387.0
7	Clitheroe B	4	325.5
8	Blackpool C	4	283.0

The Seals have had a decent season but I cant help feeling it could have been so much better. If only we had the commitment from the team then I feel sure we could have done better than 4th place. We would certainly have been pushing for a place in the swim-off which would have been reward for all the hard work and effort put in by many people. The performances overall were very good indeed and I would like to thank Paul Bailey and his team of volunteers for efforts with the Seals team this season.

NORTH LANCASHIRE SWIM LEAGUE 2011.

Results 2011 as at 18/5/2011

Division 1	Venue	W-up	Teams
19/03/2011	Dunes	6:15	SouthportA 161;CarnforthA 98;PrestonA 129;B'pool Aq A 94
19/02/2011	Salt Ayres	5:00	CarnforthA 140;PrestonA 181;LeylandA 90;Fleetwood 85
22/05/2011	West View	1.00	PrestonA 165; SouthportA 152; SouthportB 92; LeylandA 87
18/09/2011	Palatine	4.15	B'pool Aq A v Preston A v Southport B v Fleetwood
02/04/2011	Dunes	6:15	SouthportB 124;CarnforthA 150;B'pool AqA 139;LeylandA 82
19/06/2011	Leyland	3:15	LeylandA 119; SouthportA 176; B'poolAqA 126; Fleetwood 76
25/09/2011	Fleetwood	4:45	Fleetwood v Southport A v Carnforth A v Southport B
Division 2			
12/03/2011	Chorley	5:15	Chorley 108;Pioneer79 166.5;Lancaster 119;CarnforthB 106.5
09/07/2011	Hyndburn	6:30	Pioneer 79 v Chorley v Lancaster v Burnley Aq
08/05/2011	Salt Ayre	4:00	Lancaster 134;Chorley 123;Pioneer79 144; B'pool AqB 91
19/02/2011	Salt Ayre	5:15	CarnforthB 93;Pioneer79 144; BurnleyAq 131; B'pool AqB 121
15/07/2011	Padiham	6:45	Burnley Aq v Lancaster v Carnforth B v B'pool Aq B
03/04/2011	Palatine	4:15	B'pool AqB 99;Chorley 136;CarnforthB 109;BurnleyAq 142
Division 3			
21/05/2011	West View	1:00	Garstang 102; PrestonB 162; Ormskirk 115; Clitheroe 121
09/07/2011	West View	1:00	Preston B 173 v Garstang 132 v Ormskirk 123 v B'pool Aq C 68
25/06/2011	Leyland	6:15	Ormskirk 126; Garstang 112; PrestonB 160; LeylandB 94
03/07/2011	Clitheroe	5:15	Clitheroe 141; PrestonB 161; B'poolAqC 55; LeylandB 121
03/04/2011	Palatine	4:15	B'pool AqC 76;Ormskirk 136;Clitheroe 128;LeylandB 156
15/03/2011	Leyland	7:15	LeylandB 138;Garstang 112;Clitheroe 126;B'pool AqC 65

Tables 2011

	Team	Swam	1st	2nd	3rd	4th	Total Points	Total Gala Points
Division 1								
	Southport A	3	2	1			11	489
	Preston	3	2	1			11	475
	Carnforth	3	1	1	1		9	388
	B'pool Aqua	3		2		1	7	359
	Leyland	4			2	2	6	378
	Southport B	2			2		4	216
	Fleetwood	2				2	2	161
Division 2								
	Pioneer 79	3	3				12	454.5
	Chorley	3		1	2		7	367
	Burnley Aqua	2	1	1			7	273
	Lancaster	2		2			6	253
	B'pool Aqua B	3			1	2	4	311
	Carnforth B	3			1	2	4	308.5
Division 3								
	Preston B	4	4				16	656
	Clitheroe	4		3	1		11	516
	Leyland B	4	2		1	1	11	509
	Ormskirk	4		2	2		10	500
	Garstang	4		1	2	1	9	458
	B'pool Aqua C	4				4	4	264

Since we last met things have changed slightly in Division A. Our A team are now in a straight forward battle with Southport for Swim League dominance. We both have 1 gala left ours on 18/09/11 & Southport's on 25/09/11. Presuming we both win our respective gala's (and personally I think we will) it will come down to points. We need to gain 15 more points than Southport in order to win the league for 2011. Watch this space it promises to be exciting. My sincere thanks to Paul Davison & Ian Laurence and their team of volunteers for a wonderful season. (Despite the outcome).

The B team have still only had 3 swims in consecutive weekends and won the lot. Consequently they have absolutely stormed to the top of division 3 and very handsomely won the league. The team this season has been exceptional and really have dominated the division. I very much look forward to seeing them take division 2 by storm next season. Again my sincere thanks to Paul Bailey and his team of volunteers for their exceptional work with the B team this season.

I would also like to congratulate the swimmers of both the A & B teams for their performances this season. (Please remember not a single swimmer from the performance group has been used in this success, just think what could be achieved if we did swim the performance group.

SQUAD MOVEMENT

I have been assessing new swimmers in A Squad and will continue to do so early next season.

As I have previously stated squad movement will now happen as and when necessary, this will be done properly and fairly, always with the swimmers best interest at heart.

EUROPEAN UPDATE:

I am absolutely delighted to bring you news of our swimmers who have been representing GB over the past month.

Jack Bridge was selected to swim for GB in the IPC European championships in Berlin, Germany. Jack recorded the following results:

Jack Bridge – IPC Euro Champs

- 200IM 2:20.6 – 5th in the S10 final
- 100BRS 1:13.6 – 8th in the S9 final and new British Record
- 4x100 Medley Relay (1:14.0) – 3rd in the 34pt category – BRONZE MEDAL

Georgia Barton was also selected to represent GB in the European Youth Championships in Belgrade, Serbia. Georgia recorded the following results.

Georgia Barton – Euro Junior Champs

- 200 FLY 2:12.2 – 3rd – BRONZE MEDAL
- 100 FLY 1:00.5 – 3rd – BRONZE MEDAL
- 4X100 Medley Relay (1:00.0) – 1st – GOLD MEDAL

Added onto this our performance coach Louise Robinson was an integral part of the coaching staff having been selected to represent GB in Berlin at the IPC European Championships.

I’m sure you will join me in congratulating Jack; Georgia and Louise for their exceptional performances. Personally for me, I had the absolute pleasure of coaching these two young athletes in C Squad many many years ago. To see the levels they have attained is fantastic. It just goes to show what can be achieved with hard work and dedication.

And it doesn’t stop there because this week see’s two more of our swimmers jet off to Europe. Shauntelle Austin and Jack Smith go to Turkey on 22nd July to represent GB in the European Youth Olympics to be held in Trabzon, Turkey.

It goes without saying we wish both Shauntelle and Jack all the best.

My what a year we have had????????????????????

END OF SEASON REVIEWS:

This years reviews for A Squad are currently well behind schedule, I will endeavour to get these done as soon as possible however it will be more likely be September before I get round to reviewing the swimmers in A Squad. Paul Davison has completed the reviews of swimmers in C Squad.

LEYLAND:

The current situation as of today 19/07/11 is that we still have no definite answer as to whether will be granted training time at Leyland Leisure Centre. I heard from Lyndsey Baxter yesterday who said: I have had a meeting today regarding the booking, and one of the directors requires me to do a bit more work, on patronage etc before I submit any proposal. I am in at the weekend so will hopefully complete the work then.

I have asked Lyndsey to please email Mags in my absence once she has a definitive answer for us. Mags has very kindly agreed to take this up whilst I am at nationals. Thanks Mags.....

We have also enquired at Lancaster Uni' for pool time im still waiting to hear from them.

NATIONAL AGE GROUPS & YOUTH CHAMPIONSHIPS:

On Wednesday 20th July 2011 I will be heading to Sheffield for 11 days of the highest competition in the country. This year's national's starts on the 21st July and the following swimmers from Preston have qualified.

Performance: Jordan Theaker; Jack Bridge; Jack Smith; Justin Austin; Georgia Barton;
Lucy Davies; Meg Davies; Jess Chadwick; Rebecca Swales; Karmen
Hammonds;
Shannon Loder; Katie Jepson; Martha Hirst; Tony Lucas:

Louise will also be submitting relay teams that have qualified.

A Squad: Shauntelle Austin; Lee Reeder; Dominic Walker; Andrew Davison; Robert
Hamer; Kathryn Greenslade; Mark Tootill; Cameron Austin; Katie Mawdsley:
Sadly Dominic Walker is unable to compete due to injury.....

Age group relay teams

Boys 4 X 100 Medley Relay Harry Murphy; Andrew Davison; Robert Hamer; Lee Reeder
Girls 4 X 100 Freestyle Relay Kathryn Greenslade; Amelia Wood; Emma Fox; Camryn
Spector

Youth Relay teams

Boys 4 X 100 Freestyle team Jordan Theaker; Tony Lucas; Cameron Austin; Matthew
Hargreaves
Boys 4 X 200 Freestyle team Jordan Theaker; Tony Lucas; Cameron Austin; Matthew
Hargreaves
Boys 4 X 100 Medley team. Tony Lucas; Jack Smith; Justin Austin; Jordan Theaker
Girls 4 X 100 Freestyle team Meg Davis; Georgia Barton; Lucy Davis; Katie Jepson
Girls 4 x 200 Freestyle team Meg Davis; Georgia Barton; Lucy Davis; Katie Jepson
Girls 4 X 100 Medley team Karmen Hammonds; Rebecca Swales; Georgia Barton; Meg
Davis

I will also be submitting relay teams that qualify.

Shauntelle Austin and Jack Smith will not be competing at nationals due to being selected for the GB team that are going to Turkey for the European Youth Olympics.

ROTHERHAM METRO MEET JULY 2011.

Last weekend 16/17th July 2011, Asst Coach Paul Davison and a team of coaches and helpers invaded Sheffield with around 60 swimmers from PSC to compete at the annual end of season Rotherham Metro Open.

Paul has reported that our swimmers were excellent all weekend in gaining an enormous amount of pb's and medals. Speeding tickets were also received by many of the PSC contingent.

This has always proved to be a very popular gala on our calendar and one we intend supporting in the future. We have in the past always performed very well here and this year was no exception. There are some very strong squads go to this meet, including giants like Warriors of Warrington, City of Leeds, City of Sheffield and Borough of Kirklees to name but a few. Preston finished in 2nd place in the top club award which considering the quality we were up against is a fantastic achievement.

Paul also has reported that Elissa Gornall (C Squad) received an award for top girl!! Well done Elissa.

I would like to thank Paul and all those who helped out at this meet along with the swimmers who performed majestically.

2011 NATIONAL ARENA LEAGUE

I attended the AGM of the national arena league (North West region) on 25th June 2011. We have again entered two teams for the 2011 season. The A team will compete in Division A and the B team will compete in Division 2.

There was 1 rule change that needs to be noted. Swimmers must compete in one of the rounds (oct/nov/dec) in order to be eligible to swim in the national final.

Also the first round draw was made which will be swam on Sat 8th October 2011 and is as follows:

Prem Division	Gala 1	Gala 2
LANE 1	ULVERSTON	BARROW
LANE 2	CARNFORTH	PRESTON A
LANE 3	SOUTHPORT	WARRIORS of WARRINGTON
LANE 4	CITY of CHESTER	CITY of LIVERPOOL
LANE 5	PIONEER '79	SATELLITE
LANE 6	CITY of SALFORD	COCKERMOUTH
LANE 7	CITY of CARLISLE	TRAFFORD METRO
LANE 8	STOCKPORT METRO	ELLESMERE COLLEGE

Division 2	GALA 1	Gala 2
LANE 1	BOOTLE	ORMSKIRK
LANE 2	CHADDERTON	EBBINGTON
LANE 3	WREXHAM	ALTON
LANE 4	LANCASTER	BLACKPOOL AQUATICS
LANE 5	BURY & ELTON	PRESTON B
LANE 6	CHORLEY MARLINS	DANE VALLEY

Division 2 GALA 3
LANE 1 BANGOR
LANE 2 WIGAN
LANE 3 COPELAND
LANE 4 STRETFORD
LANE 5 CLITHEROE DOLPHINS

A SQUAD TRIALIST

I currently have a young lady on a two week trial from Ormskirk/City of Liverpool swimming club. I will also be trialling 3 new swimmers on our return in September. 2 more girls and 1 boy. Should these swimmers prove to be good acquisitions to PSC then they will be offered places in A Squad.

I promise you we are not trialling every enquiry we get. We are only looking at swimmers who will improve the club.

FUTURE PROGRESSION:

Since our successful merge with Gallica, it is now important, as a club we start to make the next move in expanding the PSC brand.

Over the course of the coming months and even years we need to expand the teaching and smaller squads of Preston Swimming Club. If we are to continue in being successful we must try very hard to increase the teaching numbers and the lower squad numbers. We must start trying to build better working relationships with other swimming clubs and teaching programmes, not only in Preston but further a field. It is going to become essential that we can provide the teaching and coaching to youngsters in order we can continue this improvement. It will be highly likely we will need to expand our teaching outside of Preston, to support the surrounding area as well as just the city. Try to think of it as a pyramid, the bigger the base the greater the chance of success.

Over the course of the next 12 -24 months I will be trying hard to achieve this. I will try to talk to other teaching organisations and swimming clubs and schools to see if we can work together in providing the best possible training and facilities the area has to offer.

TEACHING:

The programme is now running with steady numbers (approx 150) as an average. Children have recently moved up to MDS and at the end of the summer there is a large shift of children moving up through the stages. This will open up the lower levels within the 5-6pm teaching hours and I have already been receiving requests for September places. I volunteered to take on the membership secretary position but due to work commitments last month I have been unable to get up to date. This will hopefully be resolved over the next couple of weeks to ensure that everyone is paying the correct amount.

The volunteers as per my report of May 2011 are still in place and have settle into teaching stages 4/5/6 & 7. All are keen and committed and I am looking forward to developing some of these young people into future coaches.

I have had some very pleasing feedback regarding our small pool teaching and this is great news for the new swimmers coming to the club and the retention of the little ones.

I am trying to produce a report for each of the children to try to encourage the return of these swimmers in September. This will also give feedback of the child's achievements and also recommendations for going forward. I hope to get this done this week for teachers to put their own comments onto the report before the last week (31st July).

Thank you

Louise Raines

Q & A SESSION

A Q & A session has taken place with the parents of A Squad and B Squad. Sadly I have been unable to find the time to get a session sorted with parents of C & D Squads. I will endeavour to correct this early in the new season.

B SQUAD:

We are again going to try and make B Squad more competitive and write a training programme that suits the needs of the swimmers in the group. From September the group will become more of a sprint squad. I have communicated the thoughts of the coaches to the swimmers currently in B Squad and the vast majority are happy with the proposed changes to training. I will obviously keep you informed of things as they develop.

GENERAL:

- The teachers and coaches have been requesting new t-shirts and kit for teaching and coaching, I have explained the situation we are currently faced with and have informed them that the kit will be sorted ASAP.

If I have missed anything out I apologise, I have been mad busy this past month or so.

I hope you all have an excellent summer break, I look forward to the nationals and the month off, in the hope we can have another successful season in 2011 – 2012.

Enjoy your break.....