

forbessolicitors.
with you every step of the way

Run Preston2010

10km, 5km & Fun run SUN 26 SEP 2010

Plus

Elite 1500 metre Races (City Centre Circuit)



Central Lancashire

Preston City Council in partnership with Central Lancashire NHS
Working together to improve your health and wellbeing



All 4 races start and finish in the heart of Preston City Centre (Market Street). Routes through main shopping areas, riverside and historic parks. Race HQ at the Guild Hall.

To enter any of the races please complete the following questions:

First Name		Surname	
Address			
			Postcode
Telephone day		Evening / Mobile	
Email		Male <input type="checkbox"/>	Female <input type="checkbox"/>
Date of Birth		Age on Race day	
UKA club (if applicable)			
Workplace Team (4 per team) Name (5km only)		Male <input type="checkbox"/>	Female <input type="checkbox"/>
		Mixed <input type="checkbox"/>	
Company Name (5km only)			

UKA affiliated
Non UKA affiliated
Enter on day

Fun Run
9.30 start
£2
£2

10km
10am start
£8
£10
Add £2

5k
11.30 start
£6
£8
Add £2

Elite
12.15 start
Invitation Only
or by application
to organisers

Total to pay: £ cheques payable to Preston City Council

Declaration

I agree to abide by the rules of UK athletics. I understand that I enter the race at my own risk and that no person(s) or organisation(s) will be held responsible for any accident injury or loss to myself as a result of my taking part. All entrants to the 10k must be over the age of 15 on race day, over the age of 14 for the 5k, and over the age of 8 for the fun run.

Signed (guardian if under 17)

Print Name

Please tick here if you do not want to receive product information from Sweatshop

Closing date for postal entries: **Friday 17th September 2010**

Send entries (photocopies allowed) to Run Preston, Sports Development, Preston City Council, The Town Hall, Lancaster Road, Preston, PR1 2RL. Contact 01772 906188 or visit www.preston.gov.uk/events for further details. Race Pack, inc. numbers will be posted to you a minimum of 2 weeks before the event. No refunds will be given. Race numbers are NOT transferable.

WORKPLACE CHALLENGE

The 5k also incorporates a workplace challenge, helping to promote an active and healthy workforce. Workplace teams must be a minimum of 4 people (teams can be male/female or mixed) from the same company. Please state team name on entry form.

PRIZES

To the approx value of £1,500
Individual prizes 5k & 10k
Top five male and female finishers and all veterans categories
Team prizes
10k = first 3 athletics clubs (male & female teams - 4 to count)
5k = first 3 company teams (male/female/mixed - 2male/2 female)

Official
use only

Race no.	
Amount paid £	
Cash	Cheque
Signed	
Date	

For receipt purposes

Design & Print Centre Preston City Council. GRA00326

