

PRESTON SWIMMING CLUB 122nd ANNUAL
CHAMPIONSHIPS

To be held at West View Leisure Centre

Open to ALL CLUB MEMBERS OF PRESTON SWIMMING CLUB.

All SECTIONS – including Water Polo and Synchro.

All SQUADS – including Arena, North Lincs etc.

TEACHING – recommended for those swimming lengths in the large pool at Fulwood and West View Leisure Centres.

Entry forms AVAILABLE ON LINE

If you have a problem downloading an entry form please see one of the people listed below

Forms *MUST* be returned by **MONDAY 25th October**

***Please return entry forms to Paul Todd, Mrs S Austin,
Julie Jackson, Karen Kinder, Desk at Fulwood (Sun)***

LATE ENTRIES WILL NOT BE ACCEPTED.

AGE GROUP CATEGORIES

The AGE GROUP CATEGORIES – 8 years and under, 9, 10, 11, 12, 13, 14 year olds Junior and Senior Ladies and Gents. The 8 years and under, 9, 10, 11 and 12 year olds - top three will receive medals, positions 4, 5 and 6 will receive certificates. Those 13 and over will receive an award recording their achievements for 1st, 2nd and 3rd positions.

There is an Overall trophy (to be retained for one year) for each Age Group Category. The winner of these trophies will have gained most or equal most points throughout the gala in their category. In the categories 6 points are awarded for a victory reducing downwards to 1 point for a 6th place.

CHAMPIONSHIP TROPHIES

These events are indicated on the event schedule as Ladies / Gents. The winners of these trophies must be 15 or over.

200m BREASTSTROKE, BACKSTROKE and BUTTERFLY.

All swimmers eligible to swim in 200m races may swim in as many of these events as they wish but only the result from one event (your best) will go towards your age group category points total.

8 Years and Under, All swims to be heat declared winners. NO FINALS

CHAMPIONSHIP SPRINT GALA.

An OPEN event, which did not carry any Age Group Category points.

Preston Swimming Club
Paul Todd 07756937315

PRESTON SWIMMING CLUB
ENTRY FORM 2010 CHAMPIONSHIPS 19th and 21st NOVEMBER

Name.....Date of Birth Age..... (As of 21 Nov 2010)

All Competitors MUST be fully paid up MEMBERS of PRESTON SWIMMING CLUB for 2010

Male /Female..... £2.00 per event £14 Max. 8Years and Under £5 Max TOTAL.....Tick Boxes

PLEASE NOTE (THIS IS MAX COST NOT MAX NUMBER OF SWIMS)

	25m Back	25m Breast	25m Fly	25m Free	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
8 Yrs & Under					N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	50m Back	50 Breast	50m Fly	50m Free	100m Back	100m Breast	100m Fly	100m Free	100m IndMed	200m Free	200m Breast	200m Back	200m Fly	200m IndMed
9 Years					N/A	N/A	N/A	N/A			N/A	N/A	N/A	N/A
10 years					N/A	N/A	N/A	N/A			N/A	N/A	N/A	N/A
11 Years					N/A	N/A	N/A	N/A			N/A	N/A	N/A	N/A
12 years					N/A	N/A	N/A	N/A	N/A					
13 Years	N/A	N/A	N/A	N/A					N/A					
14 years	N/A	N/A	N/A	N/A					N/A					
15 Years	N/A	N/A	N/A	N/A					N/A					
16 Years	N/A	N/A	N/A	N/A					N/A					
17 + Years	N/A	N/A	N/A	N/A					N/A					

TO HELP WITH RANKING PLEASE INSERT AS MANY PB's AS POSSIBLE

Forms **MUST** be returned by **MONDAY 25th OCTOBER**

To **Paul Todd, Mrs S Austin, Karen Kinder, Julie Jackson and Fulwood Desk (Sun)**

LATE ENTRIES WILL NOT BE ACCEPTED

SCHEDULE OF EVENTS FOR P.S.C. 2010 CLUB CHAMPIONSHIPS

GALA 1
EVENT 1. Girls 12, 13, 14 & Ladies Championship IM 200m HDW
EVENT 2. Boys 12, 13, 14 & Gents Championship IM 200m HDW
EVENT 3. Girls 8 Years & under FLY 25m. HDW
EVENT 4. Boys 8 Years & under FLY 25m. HDW
EVENT 5. Girls 9, 10, 11 Years IM 100m HDW
EVENT 6. Boys 9, 10, 11 Years IM 100m HDW
EVENT 7. Girls 12, 13, 14 & Ladies Championship FLY 200m HDW
EVENT 8. Boys 12, 13, 14 & Gents Championship FLY 200m HDW
EVENT 9. Girls 8 Years & under BACKSTROKE 25m. HDW
EVENT 10. Boys 8 Years & under BACKSTROKE 25m. HDW
EVENT 11. Girls 9, 10, 11, 12 Years FLY 50m HEATS
EVENT 12. Boys 9, 10, 11, 12 Years FLY 50m HEATS
EVENT 13. Girls 13, 14 & Ladies Championship FREESTYLE 100m HDW
EVENT 14. Boys 13, 14 & Gents Championship FREESTYLE 100m HDW
FINALS of EVENTS 11 & 12
GALA 2
EVENT 15. Girls 13, 14 & Ladies Championship BACKSTROKE 100m HDW
EVENT 16. Boys 13, 14 & Gents Championship BACKSTROKE 100m HDW
EVENT 17. Girls 8 Years & under BREASTSTROKE 25m. HDW
EVENT 18. Boys 8 Years & under BREASTSTROKE 25m. HDW
EVENT 19. Girls 9, 10, 11 Years FREESTYLE 200m HDW
EVENT 20. Boys 9, 10, 11 Years FREESTYLE 200m HDW
EVENT 21. Girls 12, 13, 14 & Ladies Championship BREASTSTROKE 200m HDW
EVENT 22. Boys 12, 13, 14 & Gents Championship BREASTSTROKE 200m HDW
EVENT 23. Girls 8 Years & under FREESTYLE 25m. HDW
EVENT 24. Boys 8 Years & under FREESTYLE 25m. HDW
EVENT 25. Girls 12, 13, 14 & Ladies Championship FREESTYLE 200m HDW
EVENT 26. Boys 12, 13, 14 & Gents Championship FREESTYLE 200m HDW
EVENT 27. Girls 9, 10, 11, 12 Years BACKSTROKE 50m HEATS
EVENT 28. Boys 9, 10, 11, 12 Years BACKSTROKE 50m HEATS
GALA 3
FINALS of EVENTS 27 & 28
EVENT 29. Girls 13, 14 & Ladies Championship FLY 100m HDW
EVENT 30. Boys 13, 14 & Gents Championship FLY 100m HDW
EVENT 31. Girls 9, 10, 11, 12 Years BREASTSTROKE 50m HEATS
EVENT 32. Boys 9, 10, 11, 12 Years BREASTSTROKE 50m HEATS
EVENT 33. Girls 12, 13, 14 & Ladies Championship BACKSTROKE 200m HDW
EVENT 34. Boys 12, 13, 14 & Gents Championship BACKSTROKE 200m HDW
FINALS of EVENTS 31 & 32
EVENT 35. Girls 9, 10, 11, 12 Years FREESTYLE 50m HEATS
EVENT 36. Boys 9, 10, 11, 12 Years FREESTYLE 50m HEATS
EVENT 37. Girls 13, 14 & Ladies Championship BREASTSTROKE 100m HDW
EVENT 38. Boys 13, 14 & Gents Championship BREASTSTROKE 100m HDW
FINALS of EVENTS 35 & 36

P. S. C.
CHAMPIONSHIPS

19th November

GALA 1

Warm Up 6.15 p.m.

21st November

GALA 2

Warm Up 12.00 p.m.

GALA 3

4.00 p.m.